

The Newsletter for Supporters of Hale Makua Health Services

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## Over \$86,000 Raised to Help Kupuna

### Mahalo for helping us exceed our 70th anniversary goal



Board Director Mitch Mitchell and our Charity Walk Committee Chair, Rosie Kahiamoe, pose with the check reflecting Maui County's total funds raised



Hale Makua Health Services employees and community members gather for a photo after completing the 5km walk winding through Kahului

Since June of last year, employees have worked tirelessly to raise funds for the Visitor Industry Charity Walk on behalf of our organization. Employees helped by getting pledges for the 5km walk that was held on May 14th, and selling baked goods, plate lunches, or other tasty treats to co-workers, family members, Board Directors, and other community members.

Participation in raising funds for the Charity Walk to help our kupuna was outstanding this year, and together, we beat our goal to raise \$70,000 in celebration of Hale Makua Health Service's 70th anniversary. A total of 17 employee teams held 105 fundraisers over the course of 12 months to raise over \$38,000. Two of our employee teams raised over \$10,000 each and five individual employees raised over \$1,000 each.

With your continued support we were able to raise a record-breaking \$86,513 and place second for Nonprofit Raising the Most Funds. In addition, Maui County raised a phenomenal \$1,033,383.

Board Director Mitch Mitchell (pictured above, left) brought in over \$31,000, and took first place for Individual Raising the Most Funds! In the 13 years that he has participated in walking and raising funds for the Charity Walk, he has been able to raise over \$150,000 for Hale Makua Health Services to help frail elders and disabled individuals on Maui.

Plus, funds that were raised go even further in helping to provide financial assistance to Hale Makua residents who are unable to afford the cost of living at a nursing home, because a percentage of money raised is matched by the Hawaii

Hotel Industry Foundation.

A huge mahalo to our 2016 Charity Walk Committee Chair, Rosie Kahiamoe, for her energy, enthusiasm, drive and dedication to ensuring that we meet and exceed our \$70,000 goal. The continuous commitment of Mitch and Rosie to this event and Hale Makua has been inspirational! They embody the true spirit of aloha, which is a spirit of giving, helping, and caring for one another.

This tremendous accomplishment is testament to your generosity and the dedication of our employees. You, and our entire community, have shown that each of us plays an important role in improving the well-being of our kupuna (elders). Thank you for supporting our efforts to make a difference in the lives of our elders and Maui's community.



It is with both sadness and excitement that I write this last message to you, as I will be retiring as CEO of Hale Makua Health Services on October 31st. Our Board of Directors is in a selection process, and as you are reading this, a number of well-qualified candidates are being considered.

The sadness of this announcement stems from the great organization I will be leaving. I look back to when I started 35 years ago, there have been an abundance of changes and transformations. Together, we've created and started new programs including adult foster family, home health care, adult day health and added 134 nursing beds. We have embraced the Eden Alternative approach to care and remain the only Eden Registered nursing homes in Hawaii. None of this would be possible without a dedicated and compassionate team. I am proud that our organization is continually looking for ways to improve our services to benefit the Maui community.

The excitement I feel is for the future of HMHS. Our organization is poised for continued growth and success! The future of healthcare requires that HMHS work closer with our community hospital, health plans, physician groups, county and state legislators to provide efficient, quality healthcare that improves outcomes while striving to reduce costs.

I'd like to thank our Board and employees for making these past years so enjoyable. It's been an honor and a privilege to have been part of such a great organization.

Sincerely,

Tony Krieg

# Pro Golf Benefits Maui



Tournament Executive Director, Nancy Cross, (back, left) and Tournament Coordinator, Adriana McCamis, (back, third from right) pictured with representatives from the 2016 benefitting charities.

Thank you to the Hyundai Tournament of Champions for raising over \$350,000 in 2016 for Hawaii's non-profits and selecting Hale Makua Health Services as a designated beneficiary. The Tournament's total contributions to Hawaii charities since moving the Tournament of Champions to Maui in 1999 has now surpassed \$5.6 million.

Hale Makua Health Services is privileged to be a part of this world-class PGA TOUR event. We appreciate the tournament's continued support of Maui's

nonprofits, and its help in furthering our mission to improve the well-being of those in our care through compassionate personalized health services in our home and yours.

A special mahalo to Executive Director Nancy Cross for her hard work and efforts in ensuring this event's success, tournament sponsor Hyundai Motor America, the PGA TOUR, and the dozens of individuals who volunteered on behalf of our organization. We look forward to next year's Tournament of Champions from January 4 - 8, 2017!

## Gift Planning

A thoughtful gift and estate plan can help satisfy personal financial-planning needs and allow you to maintain control of your assets, while providing Hale Makua Health Services with important long-term support. There are many ways you can accomplish your financial goals and maximize your philanthropic goals through effective gift planning.

Please contact the Development Office at (808) 871-9218 today with questions or to learn more about how gift planning can benefit you and Hale Makua Health Services. Your inquiry is always confidential.

If your plans already include a gift to Hale Makua Health Services, please let us know. Our goal is to implement your philanthropic intentions and celebrate your participation in the vision of Hale Makua.

## BOARD OF DIRECTORS

- Donna McCleary, MD, Chair
- Alec McBarnet, Secretary
- Roy Sakamoto, Treasurer
- Janet Betsill
- Paul Gammie
- Sarah Hambek
- John Harman
- Paul Hiranaga
- Len Inokuma
- Brian Kakihara
- Mel Kawano
- Mitch Mitchell
- Alton Nakagawa
- Cathy Nobriga Kim
- Meg Obenauf
- Karen Oura
- Sharon Sodetani
- Paul Ueoka
- Maria Unemori



# Rehab Helps Karen Home



Karen Streb, pictured center, with her Rehab by Hale Makua team, from left Occupational Therapist Kasey Batterton, Speech Therapist Iliana Goodman, and Physical Therapist Joel Stahl

Karen Streb was referred to Hale Makua Health Services following a cerebrovascular accident and a three week stay at Maui Memorial Medical Center. At 54, Karen lived alone in a condo and worked as a Stand Up Paddle Board instructor. When she arrived at Hale Makua Karen needed a feeding tube to eat. She required assistance to maintain sitting on the edge of the bed, get in and out of bed, use the bathroom, dress, she was unable to walk, had difficulty expressing her wants and needs, eating, and difficulty with memory. Karen was also unable to get in and out of a car, grocery shop, prepare meals, and bathe.

Our team of therapists and nursing staff created a comprehensive treatment plan to help Karen get her independence and life back. Her treatment plan included physical therapy, occupational therapy, speech therapy, and nursing. Each area focused on strengthening different parts of Karen's body and mind. After three months of hard work, all of these areas came together and Karen reached her goals.

Karen successfully returned home in March with family and friends to check on her as well as home health services. She walks with a cane and is able to use the bathroom and dress herself independently.

Karen is also able to negotiate her community safely including going to the beach and shopping. Karen is seen in the photo above (center) with several of our physical and occupational therapists that helped her get her life back.

**"You guys have done everything I've asked which is work me hard. I did what I needed to get home"**

- Karen Streb

The month of May celebrated National Better Hearing and Speech. We want to thank our speech therapists for their continued commitment to helping our residents regain or improve their ability to speak, eat, problem solve and much more. Speech therapy consists of four areas—speech, language, cognition, and swallowing. Many of us take simple things in life such as speaking or enjoying a cup of coffee for granted, until we are no longer able to do so. Speech therapy can literally save someone's life and make those in need become a whole person again.

For more information about Rehab by Hale Makua and its services, please visit [www.halemakua.org/rehab](http://www.halemakua.org/rehab) or call (808) 873-6638.

# Volunteer Spotlight



Maria Restrepo (pictured above, right with resident Melissa Miyamoto) was looking for something fulfilling to do during her summer break from teaching and came across opportunities at Hale Makua Health Services. She did a little background research about the organization, and was impressed with the healthcare programs offered and outstanding reviews.

Maria was interested in our "Adopt a Kupuna" program, which offers volunteers an opportunity to give companionship to a resident in need. She was paired with one of our residents, but found that with her outgoing and loving personality, she quickly made connections with numerous residents. Instead of visiting with just one resident, Maria now visits with several individuals on a regular basis.

Maria shared that she enjoys giving her time to others and thinks this is the perfect fit for her. "I feel a sense of appreciation from within when I come here, not only does the relationship impact my life, but I think it makes a big impact on theirs [resident's] also. It's something that you don't realize is going to happen. I just love talking to all of the aunties and uncles here, we learn from one another, and that to me is priceless".

Thank you, Maria, for choosing to spend your time with residents at Hale Makua, helping to fill their lives with companionship and meaningful activity!

If you're interested in giving some of your time to a resident in need, please contact our Volunteer Coordinator, Danielle Sanchez, at (808) 871-9283 or [danielles@halemakua.org](mailto:danielles@halemakua.org).

# Board Directors Change

# Grant In Aid Received



Incoming Board Directors from left: Janet Betsill, Sarah Hambek, Mitch Mitchell, Karen Oura

We wish a sincere mahalo to Michael Munekiyo and Alice Lee for their many years of dedicated service on our Board of Directors. Although they are no longer on our Board of Directors, both Mike and Alice are committed to continuing their service to our organization in other aspects, which we truly appreciate.

Newcomers to our Board of Directors are Janet Betsill, Sarah Hambek, Karen Oura and returning Board Director, Mitch Mitchell. Each of these individuals brings a wealth of knowledge that will benefit our

organization now and in the future. They join a group of hard working individuals who are committed to ensuring our residents and clients receive the best care possible.

We look forward to working with Janet, Sarah, Karen and Mitch and know their guidance will move us forward to creating more opportunities to serve our frail elders and disabled individuals, and continue our legacy of caring for the Maui community into the future. Welcome to our ohana!

Since 2010, all but a few Maui physicians stopped admitting and attending patients to the hospital and to Hale Makua's nursing homes. An individual must have a physician caring for them in order to be admitted to a nursing home for skilled nursing, rehabilitation or long term care.

To ensure admissions continued from the Hospital and the community and that non-Kaiser patients who need nursing home care continue to be admitted and cared for in our nursing homes, Hale Makua has been flying in a temporary physician. This situation is unique to our organization and costs us over \$400,000 a year that is not covered by Medicaid.

Thanks to much advocating by our CEO, Tony Krieg, and a Grant In Aid request submitted to the State, \$350,000 for physician services has been included in the State FY17 budget. The funds have yet to be released by the Governor, but being included in the budget gets us a step closer!

# Scholarship Grows an Activities Director

Jordan Kahiamoe is a two time recipient of the Walter and Cathy Scott Scholarship, which provides assistance to Hale Makua Health Services' employees furthering their education. Over the last two years, Jordan has been the Activities Director In-Training at our Wailuku campus. The tuition assistance provided by the Walter and Cathy Scott Scholarship covered 90% of tuition costs for Jordan to complete two required Modular Education Program for Activity Professionals courses. Now that he has completed the courses, his job title no longer includes "In-Training," something he is very proud of. Each course is 16 weeks of applicable information specifically designed for Activities staff in long-term care.

Some of the things Jordan has learned

through these courses are how to work with different personalities, plan large and small events, maintain staff, and most importantly, come up with non-pharmacological interventions. When asked what his favorite thing about being Activities Director is, Jordan responded, "developing games and activities for residents, staff and family members and being able to interact with the residents."

In addition to being fun, activities help residents by stimulating the mind, providing structure, creating or improving personal relationships, giving opportunities for personal satisfaction, and improving quality of life. Jordan's goal is for every resident to be engaged whether it is individual or group activities because the benefits are so profound.



Our Wailuku Activities Directors Jordan Kahiamone (left) with Kahului Activities Director Teresa Lopes

A special mahalo to the Walter and Cathy Scott scholarship program for providing incredible opportunities to help our staff develop the skill set that leads to improved care for our residents and clients. Also, congratulations to Jordan for his accomplishment!



# CFO Selected as an Emerging Leader

Congratulations to our CFO, Joyce Tamori, for being selected as a member of Pacific Business News' 2016 class of 40 Under 40, which recognizes 40 of Hawaii's emerging leaders under the age of 40 annually. For over a decade, Joyce has led our organization with dedication and diligence, and is very much deserving of this recognition.

**"I have seen Joyce display a passion to 'make it happen' no matter the challenges or obstacles to be addressed. This mindset is refreshing and indeed inspiring, as it reflects her engagement and commitment to tasks and outcomes which ultimately benefits the broader community."**

- Michael T. Munekiyo  
Recent Board Chair

Joyce joined Hale Makua Health Services in 2003 as the Director of Financial Services, and was promoted to CFO in 2010. As CFO, she wears many hats in addition to being responsible for measuring and reporting back to the Board of Directors the financial performance of our organization with over \$33 million in revenue, operating five healthcare programs (including two nursing homes that run 24-hours a day, 365 days a year) on two campuses, and employing nearly 450 individuals.

Her work as CFO is a full time job, but Joyce always finds time to give back to the community in which she lives by volunteering her time at other nonprofits. She currently serves and shares her financial expertise on the Board of Directors at Imua Family Services and the Wailuku Hongwanji Mission.



From left: Tony Krieg, Maile Au, Joyce Tamori, Jeffrey Tice, Terri Fujii, Unyong Nakata

Below: Rudy Marilla of Kaiser Permanete and Joyce



## National Nursing Home Week



Resident Dolly Villarimo participates in the "Clown Day" games at Hale Makua Wailuku

The American Health Care Association, which established National Nursing Home Week in 1967, chose "It's a Small World, with a Big Heart" as this year's theme. This special week was held May 8-14, 2016. It was an excellent time to reflect on our role and how we can better contribute to improving the lives of our residents and clients and show how far nursing homes have come over the years. It was also a time to celebrate our amazing, hardworking and compassionate employees who have



Kicking off our 70th anniversary, resident Jovencio Rabang looks at photos from the our archives

provided excellent care to residents and clients over the past 70 years.

Both communities celebrated with fun games, themed dress-up days (like '70s Day above) and activities that involved staff, residents and clients. It started with honoring our mothers on Mother's Day and ended with a May Day celebration.

Teresa Lopes, Kahului Director of Activities, said "this is the one week that we get to come together as care partners,



Adult Day Health client Prince Tevaga performs with his wife and son at our annual May Day program

families, residents and clients and celebrate all that we do and have done over the years at Hale Makua. The residents just love it, there's always a theme, and it's the one time of year that everyone, from all of the departments come together for a good time. We kick off on Mother's day, which is really special and we always end it with our May Day program, which is something we all look forward to every year." We are looking forward to next year's festivities.

# Medicaid Inflation Factor Restored

As we have shared in previous newsletters, nursing homes in Hawaii have gone without an inflationary increase to the rate at which they are reimbursed by Medicaid since 2009. With 70 to 80 percent of our nursing home residents dependent on Medicaid to cover the cost of their nursing home stay and care, not having an increase in the Medicaid reimbursement rate for the past six years has

had a huge impact on our organization. It has meant that we have had to defer building maintenance, been unable to give employees raises, and have depleted our reserves. In Hawaii, the industry wide gap between what Medicaid reimburses for services and the cost to provide those services was \$16.5 million in 2015 alone.

At the end of April, Hawaii lawmakers agreed to give nursing homes much needed

relief to help them afford to take care of individuals covered by Medicaid in fiscal year 2017. This legislation will provide about \$1.55 million in funding that will generate almost \$1.8 million in additional federal matching dollars for Hawaii. Along with your continued support, this funding will help Hale Makua Kahului and Wailuku to remain open as seniors age and the demand for services rises.

## Making Memorial Lei



For the past four years, residents have participated in Maui County's Blossoms for the Brave event held the Friday before Memorial Day. Each year always brings excitement and memories for all of the residents and staff that have an opportunity to participate. Blossoms for the Brave is an event that brings people from all over the island together to sew thousands of fresh flower lei to be placed on the graves of each veteran headstone at the annual Memorial Day ceremony held at Makawao Veterans Cemetery.

Residents and staff arrive and immediately get to work creating beautiful, unique and fragrant lei to contribute to the nearly 3,000 that were made this year.

**It was an exciting opportunity to give back, get out and see new and old faces, and get to know some of the other residents from other neighborhoods at Hale Makua that I hadn't met before.**

- Maria Pola

Some residents come every year, like Bill Wimberley (top right), and some are newcomers, who just want to do something to get involved in the community, like Maria Pola (top left). Maria said one of the things she misses most about her life before coming to Hale Makua is the "opportunity to get out into the community, and do something that makes a difference".

## Earth Day

On April 23rd, 25 volunteers comprised of employees and their family members (pictured below) picked up trash along the highway in Maalaea as part of Matson Foundation's Ka Ipu Aina program. This community partnership program has been successful in helping to clean-up inland and coastal areas throughout the state for the past 15 years.

With many hands helping, we picked up a truckload of trash that included foam, reusable plastic containers, and hundreds of cigarette butts. Rubbish that is carelessly thrown or left on the side of the road potentially ends up in our ocean, which is detrimental to the sea life. Not to mention how unsightly it looks.

We are proud to seek opportunities to care for our island and protect our natural resources outside of our daily efforts of caring for our kupuna. It was also our way of doing our part to celebrate Earth Day.

Mahalo to Matson for their efforts in encouraging community groups to keep our aina intact for future generations.





# Reflecting on Our Founding in 1946

As we celebrate our 70th Anniversary, we reflect on our beginnings and remember those who have helped Hale Makua Health Services become the organization it is today. We are forever grateful to the Maui United Young Buddhist Association (YBA) and the Wailuku Hongwanji for their vital roles in establishing a home for Maui's elders during World War II.

At the end of the War in 1945, the members of the YBA wanted to resume their religious and recreational activities on their premises, so they sponsored a drive for funds to build a new home.

A governing and policy making body for the Home was appointed by the Maui Community Council, and included representatives from the Maui Community Council, YBA, Salvation Army, Wailuku Sugar Company, and Department of Public Welfare. The organizing meeting of the Board of Trustees was held Friday, September 20, 1946. Temporary Chairman, August Markham, presided over the meeting, which also included Katsuyuki Izumi, MD, Alvin K. Silva, Elaine Dent, Washburn Baldwin, Albert Jenkins and Seichi Makino. Also present was Capt. Charles W. Griffen of the Salvation Army, who oversaw administration of the Home.



This group spent months planning a fund drive, and after receiving the endorsement of the Maui Community Chest, fundraising led by Katsuyuki Izumi, Seichi Makino and Donald Tokunaga began in July 1946. In just four weeks the group raised \$17,000 to purchase huts from the Army and other necessary supplies to build a new home.

Contractor and YBA member, Charles Nagamatsu, drew the plans for the Home and supervised its construction. Wailuku Sugar Company offered one acre of land to rent for one dollar per year, and much of the carpentry work was donated by members and friends of the YBA.

"120 volunteer workers answered the call of the United Y.B.A. for kokua on the construction of the Maui Old Men's Home and the new site in Happy Valley was completely cleared and graded, while eight

of the 11 army buildings at Waikapu were dismantled and moved to the new site." (Excerpt from the August 10, 1946 issue of The Maui News.)

Because of the tremendous support of Maui's community, in early 1947, the 16 elders who were living at the YBA Hall were transferred to a new Home for 35. Hale Makua's first home in Happy Valley, pictured above on its dedication day, remained open until July 1953.

Hale Makua is what it is today because of Maui's community and supporters like you. While the organization has grown to provide a home to over 400 individuals, our commitment to our community remains the same, and we continue to need your help in providing homes and healthcare for Maui's kupuna. Please help this community legacy by making a gift in the enclosed envelope.

## Scholarships Benefit Day Health Clients



Ethel Saka is well known at Hale Makua Kahului as a long time volunteer who has now transitioned to a client of our Adult Day Health program. She keeps busy with activities, crafts and socializing with friends.

Ethel especially enjoys helping staff as she did during her years of volunteer service. As a recent recipient of the Persons In Need (PIN) for Elderly Services scholarship, Ethel receives a scholarship that helps her attend the program Monday through Friday. Ethel feels very fortunate to be a part of the Adult Day Health program.

The PIN for Elderly Services scholarship provides full day scholarships to our Adult Day Health program in Kahului. The scholarships are made possible through the May Templeton Hopper Fund of the Hawaii Community Foundation.

Applications are being accepted and

can be obtained from our Development Office (Monday – Friday, 8:00 a.m. – 4:30 p.m.) located at 472 Kaulana Street in Kahului, by calling (808) 873-6616, or emailing [kanoelanim@halemakua.org](mailto:kanoelanim@halemakua.org).

Adult Day Health by Hale Makua is the only adult day healthcare program on Maui licensed by the Department of Health. Its goal is to maintain or restore to the fullest extent possible a client's ability to remain in their home and community for as long as physically possible, preventing admission to a nursing home. The program also affords caregivers respite from the demanding responsibilities of care giving.



**HALE MAKUA HEALTH SERVICES**

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Enjoy an evening beachfront and under the stars with musical entertainment, a traditional luau feast (including two drinks), silent auction, and door prizes.

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## OUR MISSION

To improve the well-being of those in our care through compassionate personalized health services in our home and yours

## OUR PROGRAMS

- ADULT DAY HEALTH BY HALE MAKUA
- CARE HOMES BY HALE MAKUA
- Hale Makua LONG-TERM CARE KAHULUI • HAWAII
- HOME HEALTH BY HALE MAKUA
- REHAB BY HALE MAKUA

## DEVELOPMENT OFFICE CONTACTS

Director of Development Denise Thayer (808) 871-9218 deniset@halemakua.org	Development & Volunteer Coordinator Danielle Sanchez (808) 871-9283 danielles@halemakua.org	Development Assistant Kanoë Medeiros (808) 873-6616 kanoelanim@halemakua.org
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