

The Newsletter for Supporters of Hale Makua Health Services

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## You Help Give Louise a Home & Care



A smiling Louise and Rob Lucas attending our Kokua for Kupuna event on September 10th, where they shared their story and experience with Hale Makua.

These days it seems like a rarity to meet someone who takes a genuine interest in caregiving for a grandparent. It sounds absurd that someone fly their 100 year old grandma across the Country so that they could become a primary caregiver. But that's exactly what Rob Lucas did. He wanted to give his grandmother, Louise Lucas, the best final years of her life. So he moved her from her home in New York, put her on a plane for the first time in her life, and flew her to Maui to live with him.

Rob was in New York visiting another grandparent who was ill when he learned that care for his Grandma Louise was getting increasingly more difficult. Finding the right place for her to live and receive the care she needed near her family and home seemed almost impossible. Rob thought that after being in this world for

100 years, his grandma would not have much more time. Being self-employed gave Rob the flexibility and time to care for Louise. So he decided to pack up her belongings and bring her to Maui.

Rob said, "She was the mascot for my company. I put her in the passenger seat of my jeep and we would cruise around the west side with surf and paddle board rentals, I thought I'd have a few months with her, maybe a year tops, but she seemed to adjust really well and those months turned into years."

When Louise began needing more help at 104, Rob looked for alternate care. His business had grown and become more demanding and his need to travel had become more frequent. He reached out to Hale Makua Health Services. "The process was so painless, I filled out paperwork,

talked on the phone and met with the ladies in Admissions, and within a week Grams was moving in."

For Rob, finding a different home for his grandmother was a tough decision since he wanted her to live with him. It was his priority to make sure that she lived in an environment that felt like home, where the people treated her like family. Rob shares, "I can't say enough about how wonderful Hale Makua has been for Gram and our family. The staff do so much every day to make her life better, and I am so grateful for how amazing they are and how amazing the entire facility is as a whole".

Louise recently celebrated her 106th birthday. She still walks, has a spitfire spirit and enjoys each day to the fullest, especially days that Rob takes her for their weekly lunch and shopping date.

## From Our Board Chair



I am happy to report that after an extensive search, our Board of Directors has appointed a new Chief Executive Officer. Effective December 1, 2016, Wes Lo will take the helm of the organization, succeeding retiring CEO Tony Krieg.

Wes Lo has a proven track record of experience and accomplishment in healthcare on Maui. He is well-known on the local and State level, and well-versed in the healthcare environment. He comes with 13 years of experience leading Hawaii Health Care Systems, Maui Region, most recently as its Chief Executive Officer.

The Board is very grateful to Tony for the 35 years that he has served the organization. He has worked closely with the Board, employees, and the community to improve capacity and coordination of care, working collaboratively to tackle challenges in the current healthcare delivery system, as well as explore strategies to strengthen the continuum of care from acute to the post-acute settings on Maui. Tony is leaving the organization in a good position to achieve success in today's challenging healthcare environment.

During Tony's tenure, Hale Makua Kahului has grown from a 120 bed nursing home to a community that can now accommodate 254 residents, and includes Maui's first and only Adult Day Health center licensed by the Department of Health. The organization has remained Hawaii's only Eden Alternative Registered home since 2009, and has become one of the Island's largest employers with over 450 employees.

Sincerely,

Donna McCleary, MD, Board Chair

# Five Star Rating Achieved



Residents Olive Silva (back), Josephine Haupu, Koon Fook Yen, William Wimberly and Nancy Kawamura are as proud as we are for being rated 5-stars by the Centers for Medicare and Medicaid Services.

Thank you to our hard-working and dedicated employees who made it possible for Hale Makua Kahului and Hale Makua Wailuku to have received the highest rating from the Centers for Medicare and Medicaid Services (CMS). This rating system was created by CMS to help consumers compare Medicare- or Medicaid-certified nursing homes on the Nursing Home Compare website.

CMS's rating system bases its 5-star quality ratings on health inspections, quality measures, and hours of care provided per resident by staff performing

nursing care tasks. In addition to a nursing home's star ratings, the Nursing Home Compare website also has information on health and fire-safety inspections, staffing information, measures that describe the quality of care, and any penalties against the nursing home.

Newly added quality measures that might be important for a short-stay resident include the percentage of residents who made improvement in function, re-hospitalization rate after a nursing home admission, and percentage of residents successfully discharged to the community.

## Gift Planning

A thoughtful gift and estate plan can help satisfy personal financial-planning needs and allow you to maintain control of your assets, while providing Hale Makua Health Services with important long-term support. There are many ways you can accomplish your financial goals and maximize your philanthropic goals through effective gift planning.

Please contact the Development Office at (808) 871-9218 today with questions or to learn more about how gift planning can benefit you and Hale Makua Health Services. Your inquiry is always confidential.

If your plans already include a gift to Hale Makua Health Services, please let us know. Our goal is to implement your philanthropic intentions and celebrate your participation in the vision of Hale Makua.

## BOARD OF DIRECTORS

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# Over \$150,000 Raised for Our Kupuna



Clockwise from top left: Tony Krieg with Reverend Shinkai Murakami, Stanley Okamoto and Michael Munekiyo; Dr. David and Lisa Lee, Janet and Dwayne Betsill, and Meg Obenauf; Helen Lum Lung, Elizabeth Duke, Kimmy, Napua Greig, Rochelle Knight, Kim Ann Magno and Lani; Kauwela Bisquera, Kelli Myers, Leslie Mullens

Thank you for supporting this year's Kokua for Kupuna fundraiser, and helping make it another record-breaking year with over \$150,000 raised to help individuals who have no means to pay for our healthcare services. On September 10th, a crowd of 460 guests attended the sold out event, enjoyed a delicious luau dinner beachfront and under the stars at the Sheraton Maui Resort & Spa, and were treated to the Na Hoku Hanohano award-winning talents of the Makaha Sons.

The \$10,000 matching challenge put forth by Bill Moore and the O.L. Moore Foundation was exceeded, raising a total of over \$22,000 to further our mission to improve the well-being of those in our care through compassionate, personalized health services in our homes and yours.

We were proud to have honored CEO Tony Krieg for his dedication and leadership of our organization over the past 35 years, and the Wailuku Hongwanji Mission and the Maui United Young Buddhist Association for their

instrumental roles in founding Hale Makua 70 years ago.

Highlighting the evening were guest speakers Wayne Fujihara, and Louise and Robert Lucas who shared their experiences with our services. Our nursing, rehab and home health services helped Wayne recover from illness so that he is now able to work again. Louise Lucas (also featured on the cover) is a 106 year young Hale Makua resident whose grandson, Rob, moved her from New York to Maui thinking she was nearing her final days. Now six years later, we help care for Louise.

A very special mahalo to the many residents who helped us prepare for this event. Olive Silva, pictured above right, helped sew the palaka fabric squares that were placed on each table. The Men's Clubs at both homes painted the CARE letters (shown finished above). Peter Kaina, right, primes the letter C with a smile. Julia Kakahara, along with four fellow residents, helped arrange the protea centerpieces, and is pictured at the bottom right.



# Cooking with Papa Yen

Koon Fook Yen, better known as "Papa Yen", has been a resident since 2012. In his free time, he enjoys reading the newspaper, playing mahjong and the harmonica, and reminiscing about his time in the kitchen. Throughout most of his life, Papa Yen worked as a chef for Chinese restaurant, Wing Sing, which he and his mother owned. His passion for cooking hasn't faded, so when Activities Director, Teresa Lopes asked him to host a cooking demonstration for residents, he was thrilled. Papa Yen chose the recipe he wanted to share and compiled a grocery list with everything he would need to make one of his specialties, Black Bean Chicken.

In front of a crowd of 30, Papa Yen along with his "sous chef" Activities Assistant Roseanna Akina chopped, diced, sautéed, and stirred their way through the kitchen. The crowd was fully engaged while Papa Yen reminisced about his days cooking and baking for his wife and children, and with his mother and their restaurant for many years. The room filled with delicious aromas and an abundance of laughter, and the look on Papa Yen's face when his dish was complete, was nothing short of pure satisfaction.

For Papa Yen, an environment where he can teach others something he's passionate about is important. Whether it is teaching others how to play mahjong or



Papa Yen dresses up as his favorite character in a photobooth for "Make You Smile Day".

offering cooking tips, he finds pleasure in watching others learn from him.

As part of our Eden Alternative journey, Hale Makua Health Services continuously strives to create a fulfilling environment that promotes variety and joy for residents. We offer activities that are meaningful and bring residents satisfaction in participating, and look for opportunities for residents to give as well as receive care - whether in the form of helping with an activity, teaching others, or simply sharing their years of wisdom.

The Eden Alternative philosophy teaches us that by helping our residents in these areas we create an atmosphere in which we all can thrive. Finding antidotes for loneliness, helplessness, and boredom will always be our aspiration. When we see the joy that continuing to teach others brings to residents like Papa Yen, we can say we are father along our journey.

Thanks to you, residents are able to choose to participate in activities that interest them from cooking and gardening to painting and shopping. Your generous gifts help give residents the opportunity to choose from a wide variety of things that they find meaningful and stimulating. Your donation helps residents, like Papa Yen, continue sharing their expertise and talents.



Chef Yen shows off his skills with Activities Assistant and sous chef Roseanna Akina.

# Volunteer Spotlight

Beatrice Chong Kee has a long history of volunteering with Hale Makua. She started in 1999 after her husband passed away and has made it a point to be here every Friday since then. Bea shares, "My husband was a client in the Adult Day Health program and I always told myself that I would pay Hale Makua back for the wonderful care he received while in the program by volunteering, so here I am".

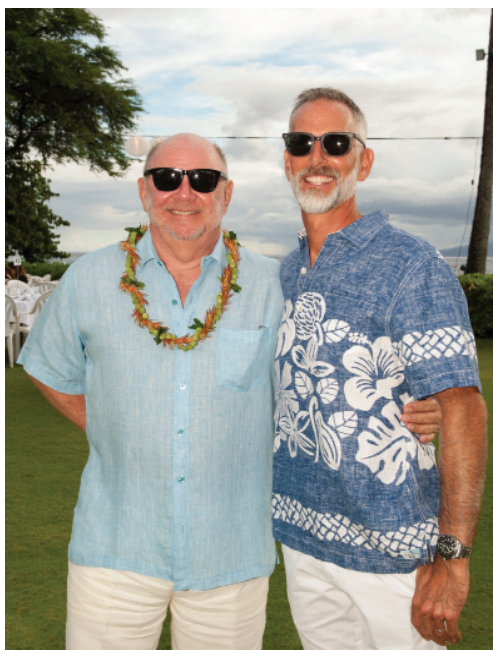
Bea provides valuable support to our Human Resources office filing, making copies, and helping with day-to-day tasks. Bea has volunteered four hours a week for the past 17 years. That's over 3,500 hours! Her goal was to give back to Hale Makua in an area that she not only felt could use the most help but also an area that she was comfortable in and enjoyed the tasks handed to her. "I enjoy office and clerical work, so this was a great match for me. The staff is always so friendly, and I find the work to be very fulfilling", says Bea.

Did we mention that Bea is 83 years young? Bea says this is the secret to staying young and keeping her mind active. We appreciate Bea and all of her years of dedication to Hale Makua Health Services.

We are always looking for volunteers to help with office and clerical tasks. If you are interested, please contact Danielle Sanchez, at 808-871-9283 or DanielleS@halemakua.org.



# Time, Talent and Treasure Given



Left: Mitch Mitchell emceed the organization's recent fundraiser and is pictured at the event with Chief Human Resources Officer Ted Tucker. Right: Mitch shares a laugh with residents Olive Silva, Nancy Kawamura and Melissa Miyamoto in front of his recent donation of artwork.

Mitch Mitchell is the kind of supporter that every nonprofit organization dreams of. In addition to being a highly engaged advocate, he is passionate about Hale Makua Health Services and the people the organization serves, employees and residents alike. He has a kind heart, an easy laugh and a generous spirit.

We are fortunate to have gotten to know Mitch over the past 23 years. He has been a driving force behind Hale Makua Health Services' fundraising efforts. CEO Tony Krieg fondly recalls the early beginnings of the organization's fundraising efforts at the Amfac PGA Golf Tournament in Kaanapali, "In the early '90s Hale Makua was given the opportunity to run the food concessions for the Tournament, and that year it poured. Mitch and I were flipping burgers under a tent with six inches of water running through it and Arnold Palmer crouched on a table with his golf clubs."

Mitch is always one of the first to offer to help, from emceeding our annual fundraiser, Kokua for Kupuna, and being the individual to raise the most funds for the Maui County Visitor Industry Charity Walk, to volunteering with ecology at the PGA TOUR Tournament of Champions. In addition to serving as a Board Director and

being the recent Chair of the Development & Community Relations Committee, Mitch has helped cultivate over \$2 million in gifts and single handedly raised a total of over \$150,000 since 2003 for the Charity Walk.

With a long history of support, Mitch decided to perpetuate his legacy while ensuring that Hale Makua Health Services would continue to provide services for Maui's frail elderly and disabled individuals in the future by making Hale Makua a beneficiary in his will. Mitch shares,

**"Hale Makua has been such a big part of my life here on Maui that making this planned gift seemed like the next logical step for me. I support this organization because of the people that I get to help and connect with. Not only the residents and clients, but the employees, who work so hard to ensure that our kupuna are cared for."**

Mitch's unwavering support and commitment to Hale Makua Health Services and Maui's community makes it possible for Hale Makua to continue serving Maui's frail elders and disabled individuals now and into the future.

## Types of Planned Gifts

A planned gift is one that originates during your lifetime but is not available to the nonprofit organization until after your passing. Common types of planned gifts:

**Gift Made by Will:** A specific bequest with a stated amount, or a residuary bequest with either the entire estate which remains after all other gifts are made, or a percentage of the remaining estate.

**Life Insurance:** A charity can be designated as the beneficiary of the life insurance policy or designated to receive a percentage of proceeds.

**Retirement Assets:** Named charity is designated as beneficiary of retirement account. It is particularly advantageous to assign retirement accounts to a charitable beneficiary to avoid potentially significant tax consequences when the retirement assets are received by your family members or other designated beneficiaries.

If you would like additional information about making a planned gift, please contact Denise Thayer at (808) 871-9218 or [deniset@halemakua.org](mailto:deniset@halemakua.org).

# Youth Warms Hearts and Laps



Left: Jacy Hanada grins as she holds the pile of lap blankets and walker buddies that she sewed for Hale Makua residents, while residents Nancy Kawamura and Vilma Sanchez display their new blankets. Right: Resident Eva Medeiros poses with her new walker buddy with Jacy Hanada.



Jacy Hanada is not your typical 12-year old. This inspiring girl recently celebrated her 12th birthday and instead of gifts, asked friends and family to donate to a sewing fund. She used the donated funds to purchase fabric, in different prints and colors, that she sewed into lap blankets and walker buddies and then donated them to residents at Hale Makua.

Jacy visited our Kahului campus on July 28th at which time she was able to meet five of our residents and gifted each of them with one of her hand sewn blankets and another resident with a walker buddy. It was a touching moment when resident, Celerina Morondos was brought to tears with the realization that someone so young cared

about her and other residents so much.

Jacy's great-grandmother had a brief stay in our nursing home and with the help from our Rehab staff got strong enough to return home. That's how Jacy got the idea to do a service project for our residents. Having taken sewing classes for the past three summers, she decided to put her sewing skills to use. After three weeks of what seemed like constant sewing, according to her, Jacy had sewn a total of 16 beautiful lap blankets and six walker buddies (a bag with multiple pockets that attaches to walkers). A family member suggested to Jacy that she sell her items after seeing the finished products, but she insisted on donating them.

Seeing how much her gifts meant to our residents, Jacy said she is, "very glad that she did this project." She still has some money in her sewing fund and is already thinking of another project to do for our residents at Christmas. But for now, she's taking a well deserved break from sewing.

Mahalo, Jacy, for your kindness. You are an inspiration to young and old alike. If Jacy has inspired you to do a service project or make a donation, please call Danielle Sanchez at (808) 871-9283 or email [danielles@halemakua.org](mailto:danielles@halemakua.org). Or you can make a secure donation online by visiting [www.halemakua.org](http://www.halemakua.org) today and clicking on the Donate button.

## Tournament Volunteers Needed

Your help is needed at one of Maui's most exciting sports events, the Tournament of Champions, from January 4th through 8th at the Plantation Course in Kapalua. Volunteers are needed to assist with on-course, sky box and Fan Zone clean-up, as well as in the Media Center. All volunteers will be given a t-shirt and lunch.

By volunteering at the Tournament of Champions, you will be helping to raise funds for Hale Makua Health Services. As a benefiting charity of this champions

only PGA TOUR tournament since 2002, our organization receives a generous donation that helps us continue to provide health services for our residents and clients.

If you're not available to volunteer during the Tournament dates of January 4th – 8th, additional volunteer opportunities are available in prior months to help with merchandising and promotion. To sign-up or learn more, please contact our Volunteer Coordinator at 808-871-9283 or [danielles@halemakua.org](mailto:danielles@halemakua.org).



# Reese Family Shares Praise for Care

In a letter dated September 7, 2016, Carol shares her family's experience with our hardworking staff:

Analynne,

You were the leader of an amazing team in the Pikake neighborhood while Bill Reese was a resident in your care. A team is often only as good as the leadership, so I realize what an asset you are to Hale Makua.

One of the comments our friends said after visiting Dad was that they found the staff to be uncommonly helpful and friendly. If they arrived while Dad was getting care, there would be sounds of laughter and genuine happiness coming from the room. Those kinds of attitudes and behaviors are not something you can require in a contract; it comes from the environment leadership has created. You are to be congratulated for nurturing this attitude in the Pikake neighborhood.

There are a few individuals I would like to specifically mention who made a difference in Dad's life and mine.

We have previously identified Carme as an angel and our opinion of her has not faded. Dad seemed to develop the strongest bond with her and we cannot begin to repay her kindness to Dad.

I know you must appreciate the strength that Roger brings to the team. His gender allows him the opportunity to connect with

male residents in a unique way. He provided care for my father in a very professional and calm, understanding manner. His assistance on Dad's final evening will not be forgotten.

Deana seemed to always be there when I needed a shoulder to cry on. Even though I knew the end was coming, some days I just handled it better than others. On those days when I did not handle it well, Deana was caring while being professional. Her common sense approach was a welcome perspective and I was totally comfortable with her nursing skills and knowledge. She is a strong player on your team and if I had to pick a team, she would be my quarterback.

Joni never once complained when I asked her to schedule, re-schedule or re-re-schedule appointments for my dad. Support staff with a positive attitude is worth their weight in gold.

Lucky never failed to bring a smile to Dad's face. Her encouragement for Dad was genuine and her care-giving was exceptional.

Julie Hoy was helpful in many ways. There were many "firsts" that we encountered and Julie was always able to guide us and get whatever assistance we needed.

Food service was great. Dad found the variety and quality to be better than what he had at Kalama Heights. Who would guess that chow fun would become his

favorite food!

The facility was always clean and the individuals responsible for cleaning the rooms and common areas were always courteous and considerate. While these individuals are seldom recognized, their efforts are appreciated.

I have not mentioned everyone by name but the entire team contributed to a very comfortable environment. Omission of a name does not imply that we did not appreciate them. Not once did I regret the decision we made to admit Dad to Hale Makua and place him in your care.

Aloha and mahalo,  
Carol Kennedy, Daughter of  
William "Bill" Reese

Bill Reese and his wife of 64 years were first pen pals during World War II. The two finally met after Bill's military career ended and they fell in love. Bill's military training as a mechanic led him to a long career at Westinghouse as a Tool and Dye Maker. After retiring, he taught himself to make Nantucket Lightship baskets and then he and his wife taught classes for 25 years. After his wife's passing in 2010, Bill visited Maui to spend time with his daughter, Carol Kennedy. His four month visit turned into a permanent residency. In January 2016, Bill was admitted to Rehab with Hale Makua and shortly afterwards was admitted into our nursing home.



Left: Bill Reese celebrated his 92nd birthday with family in Hale Makua Kahului's courtyard. Right: 1st row Lani Raelin, Carmi Patricinio, Diana Pascual; 2nd row Precy Rojas, Flora Bugtong, Gemma Salazar, Maribel Farinas; 3rd row Phyllis Colon, Analynne Corpuz, Deana Burgos, Julie Hoy



**HALE MAKUA HEALTH SERVICES**

COMMISSION COMMITMENT COMMUNITY

472 Kaulana Street  
Kahului, Hawaii 96732  
www.halemakua.org

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## Wishlist

We always need donations of items that enrich a variety of experiences for residents. Here are some suggestions for items needed:

- 8x10 picture frames
- Digital cameras
- Socks
- Cosmetic pouches
- Lipstick
- Men’s shaving cream
- Combs and brushes
- Blankets
- Jigsaw puzzles
- Acrylic paint
- Clock radios
- Hand held magnifying glasses
- Batteries (AA and AAA)

If you would like to make a donation, please drop them off at our Development Office. Thank you!

## OUR MISSION

To improve the well-being of those in our care through compassionate personalized health services in our home and yours

## OUR PROGRAMS



## DEVELOPMENT OFFICE CONTACTS

Director of Development  
Denise Thayer  
(808) 871-9218  
deniset@halemakua.org

Development & Volunteer Coordinator  
Danielle Sanchez  
(808) 871-9283  
danielles@halemakua.org

Development Assistant  
Kanoë Medeiros  
(808) 873-6616  
kanoelanim@halemakua.org