

The newsletter for supporters of Hale Makua Health Services

TOP STORIES

Remarkable Recovery

Dora Olsen shares her experience at Rehab by Hale Makua and how she returned back home after just nine days.

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Volunteers Share Passion

How a couple of twenty-something year olds are sharing their talents and getting residents excited about art.

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Annual Donor Report

Highlights of how you helped Maui's kupuna and the organization make a difference the Maui community in 2016.

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Your kokua creates community for kupuna

Help us raise \$70,000 and have percentage of your gift matched

Since 2002, employees and volunteers have gotten together to raise funds for the Visitor Industry Charity Walk on Maui to benefit Hale Makua Health Services. It is a great event for nonprofit organizations to fundraise and have a percentage of money raised matched by the Hawaii Hotel Industry Foundation, so the impact of donations go even further.

Last year individuals and teams were able to raise over \$85,000 to help Maui's frail elders and disabled individuals living in Hale Makua nursing homes. These funds have been instrumental in creating warm and engaging communities where residents are comfortable and have opportunities to choose from a wide range of outings and activities. Resident favorites include Catholic Mass, shopping at Walmart, art therapy, manicures, playing Bingo, and Fumanet.

Fumanet is new to Hale Makua residents and is a stepping exercise created by Professor Kazutoshi Kitazawa of Hokkaido University of Education. The exercise pairs taking steps in a set grid or net with walking, singing, and other movement to help improve balance, brain clarity, and strength. In October of last year, three Hale Makua employees became the first instructors in the United States certified to teach Fumanet. Recently Professor Kitazawa returned to Hale Makua and was impressed with improvements in



Mitsuo Tomita, pictured here with Dr. Kitazawa (right), Activities Assistant Youpha Giovannoni (left) and Activities Director Teresa Lopes (back).

mobility and memory of the residents who were actively participating in the exercise.

Among the residents who had taken to practicing Fumanet regularly was Mitsuo Tomita. The progress of each resident was tracked throughout the eight week program, and Mitsuo's balance and strength had noticeably improved since he began the exercise. After two - eight week sessions his concentration, strength and memory were markedly better.

From Fumanet to art therapy, the diverse activities provided at Hale Makua gives residents from ages 30 to 107 the opportunity to engage in life and continue

doing things that they love, or even create new experiences that they find meaningful and rewarding. These opportunities wouldn't be possible without the support we continue to receive from the Maui community and individuals like you.

By making a donation in the enclosed envelope, you can help introduce an uncle to the art of ceramics, improve the mobility of a neighbor, give an aunty a manicure, and improve the well-being of those that live at Hale Makua. Plus, a portion of your donation is matched. Together we can create caring, engaging communities for our kupuna.

From the Desk of CEO Wes Lo



House Bill 709 and Senate Bill 277, which would appropriate \$1.5 million to implement a model of health care delivery in Maui County that addresses coordination of care in a seamless, efficient, appropriate, and cost-effective manner, did not crossover in this legislative session. This diminishes our chances of receiving State assistance.

I am very grateful for the tremendous support from our employees and community members who submitted testimony in support of both bills, and our Board of Directors for their advocacy. While State funding is still possible, it's likely that the funding amount will be much less than the bill appropriation, and we still have an immediate need for a physician to admit and attend individuals in our nursing homes. Because the majority of physicians on Maui no longer follow their patients to the nursing home or hospital, we are in the unique situation of having to provide a physician for over 160 residents.

In addition, Maui is faced with an overall shortage of physicians. In recent years, we have been unable to hire a local physician and have been forced to fly in and house a physician from the mainland at an annual cost of \$500,000.

Having a physician is not only crucial for attending those in our care who do not have a physician, but also necessary for admitting patients from the hospital. If Hale Makua were to stop hospital admissions, the backlog would jeopardize the hospital's ability to admit patients.

Your help is needed to ensure that our residents receive physician services. Please let your County Council members know how important it is to continue providing a physician for our kupuna.

Golf for Maui charities



Residents Vickie Kwon and Marie Osaka show their gratitude for the SBS Tournament of Champions while taking a spin on a recent visit to a golf course.

Thank you to the SBS Tournament of Champions for designating Hale Makua Health Services as a beneficiary of the Tournament, and donating \$304,000 to local charities this year. Since its move to Maui in 1999, the Tournament of Champions has given nearly \$6 million to Hawaii's non-profit organizations.

We are honored to be a part of this world class event each year, and appreciate its continued support in providing around the clock care and

health services for Maui's kupuna.

A special mahalo to Tournament Executive Director, Nancy Cross for her hard work and efforts to ensure the continued success of this event, the individuals who volunteered on behalf of Hale Makua, and the companies that made in-kind donations.

Please join us for the 2018 Tournament of Champions back in Kapalua from January 4 - 7.

Planned Gifts

A thoughtful gift and estate plan can help satisfy personal financial-planning needs and allow you to maintain control of your assets, while providing Hale Makua Health Services with important long-term support. There are many easy ways you can accomplish your financial and philanthropic goals through effective gift planning.

Please contact the Development Office at (808) 871-9218 with questions or to learn more about how gift planning can benefit you and Hale Makua Health Services. Your inquiry is always confidential.

If your plans already include a gift to Hale Makua Health Services, please let us know. Our goal is to implement your philanthropic intentions and celebrate your participation in the vision of Hale Makua.

Federal Tax ID # 99-0080460

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Remarkable recovery, home in nine days

After falling at home and fracturing her pelvic bone, Dora Olsen spent nine days at the hospital before being admitted to Rehab at Hale Makua for physical therapy. She admits that when she found out she had to stay at Hale Makua, she was a little hesitant and scared, but after settling in, she was very surprised. "Everyone has been wonderful, and the physical therapy that's been provided to me has been remarkable."

Dora says it wasn't just the physical therapy that impressed her, but also the great round the clock care she received. **"This has been the best nursing staff I've ever had. They are prompt, generous and extremely helpful. It makes it so much easier to be away from home when you receive care like that."** Dora also appreciated the variety of delicious foods, which were always served hot and fresh.

After only nine days, Dora was told she was ready to return home. This wasn't a surprise to her. "I'm 90 years old, but I have a history of quick recoveries, I guess I'm just lucky." Maybe it is luck, how well she cares for herself, or how fiercely independent she is, but when asked why she thought she got back on her feet so quickly, she said **"the physical therapy was top notch, the therapists were great, and my stay here was just really wonderful."**

Many thanks to Dora for sharing her experiences with Hale Makua's in-patient rehab services. We are proud to have a family of nurses, nutrition specialists, therapists and care partners who ensure that every individual receives the best possible care no matter how long, or short, their stay at Hale Makua may be. The goal of Rehab by Hale Makua is to assist individuals return home to their fully independent lives.



Dora Olsen stops for a photo on the East Neighborhood of Hale Makua Kahului before being discharged.

For more information about Rehab by Hale Makua, please call 808-877-7840 or visit www.halemakua.org/rehab.

Resident talents shared with Senator



Resident Olive Silva presented Senator Hirono with a handmade ti leaf corsage with rosette.

Hale Makua residents and Adult Day Health clients recently had the opportunity to spend some time with Senator Mazie Hirono. Among them were Olive Silva and Carl Yakote.

Carl worked as a truck driver for HC&S for many years, and during World War II he worked as a translator for politicians



Resident Carl Yakote shares stories with Senator Hirono about his service to our Country and County.

at Pearl Harbor. He would translate in Japanese to civilians and military personnel messages and information from the politicians to help people vote. He relished his memories from that period of his life and loved sharing that without him, people would have never voted, because they had no idea what the politicians were

saying. During his visit with Senator Hirono, he reminisced that his daughter arrived in Hawaii on the same boat as her.

Olive began coming to Hale Makua Health Services as a Day Health Client, and later moved in to our nursing home. She is a lively 94 year old with a talented history. A black belt in Aikido, Olive fondly remembers her time teaching Aikido to officers of the Maui Police Department while in her thirties. In 2013 Maui-Ki Aikido honored Olive as the "longest-training sensei" as part of their 60th anniversary celebration.

We, along with Olive and Carl, were honored to have an opportunity to talk story with Senator Hirono about heritage, history, healthcare and the importance of our aging community on Maui. To see more photos of the Senator's visit our Facebook page at www.facebook.com/halemakua.

Volunteers share passion for the arts



From left, Resident Melissa Miyamoto, Jesse Joseph, Akane Joseph and resident Olive Silva on a recent visit.

Twenty seven year old Jesse Joseph is passionate about art. Graduating from UH Manoa with a Bachelor's in Art, Jesse didn't exactly know where it would take him but he did know that he wanted it to be meaningful and make a difference. Jesse had a vision of doing art therapy for quite some time. "There was a program at the university that allowed students to go to the hospital and do art with patients, I never got to do it but I really wanted to." Although he didn't get to participate in the program, it really touched him, so his wife, Akane, suggested that he visit Hale Makua to see

if residents would be interested in doing art with him. He quickly went through the volunteer process and started the following week. Employees immediately connected with him and scheduled him to come in weekly.

Residents adore their Thursday morning art sessions with Jesse just as much as he does. Jesse shares, **"It's been one of the best things I've done in a long time. I love feeling like I'm making an impact on the lives of others. It's a feeling you can't get from anything else."**

Interested in learning more about Jesse's new found passion Akane, visited Hale Makua to see firsthand what was bringing such joy to her husband's life. "Jesse was coming home every Thursday so excited and inspired. I wanted to get that same feeling too." Akane started coming in with Jesse on Thursday mornings and says she doesn't see an end in the future. "The sweetness is contagious. It makes me so happy to see everyone smiling. You just never know what to expect each week and that's really cool!" Akane's grandmother was a resident at Hale Makua years ago and she said, "I just wish my grandma could be here to experience this. She would have loved it!"

Experiences like these are a reminder of what an incredible community we are a part of. Volunteers young and old teach us the value of giving back, being selfless and to sharing gifts and passion with others. **"Being a part of the community is something we'll never give up. The feeling is just too great."**

If you are interested in volunteering to share your time or talents with our residents and clients, please call 808-871-9283 or e-mail danielles@halemakua.org.

107 years strong and fierce

Imagine turning 107 years old, the events you've witnessed, experiences you've had, people you've met, and memories you've created. For most of us, turning 107 is a feat in and of itself, but for Louise Lucas it was just another birthday.

There's something special about Louise. Maybe it's the fact that her first plane ride at age 100 was out of the small New York town that she grew up in to move to Maui with her grandson, Rob. Perhaps it's her bold sense of style or her spitfire New York boldness that's kept her so lively for so many years. Whatever it is, it's working for this still walking, fast talking lady.

Louise enjoys the simple things in life,

people watching, going out for a bite to eat with Rob, or a little shopping. A hot cup of coffee is rarely turned down. She loves watching others sing and dance, and being present for any joyous occasion. Louise has been in our care for two years, and it's been an absolute pleasure!

Because of the generosity of donors like you, Louise receives round the clock care and support, and her grandson has peace of mind knowing Louise is well-cared for. Please consider making a gift in the enclosed envelope to help provide care to individuals like Louise. Plus, a percentage of your donation, no matter what the size, will be matched.



Louise Lucas is showered with love and affection on her 107th birthday, plus a special meal and birthday cupcake.

2016 Annual Donor Report

In 2016, you helped us raise over \$850,000, of which \$519,283 was for unrestricted purposes and was used to provide financial assistance to those in our care who weren't able to afford it. The majority of these individuals rely on Medicaid to pay for their healthcare. Unfortunately Medicaid funds don't cover the full cost of providing care and services.

FINANCIAL COMMUNITY BENEFIT SUMMARY

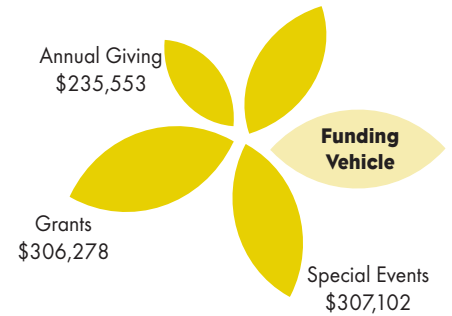
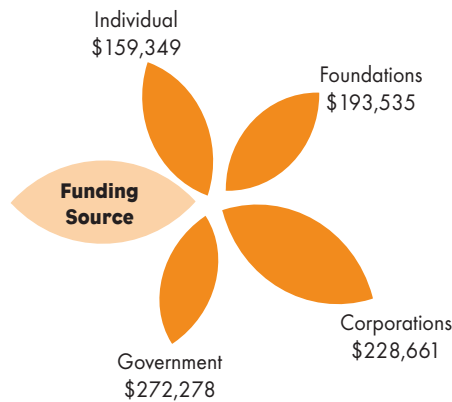
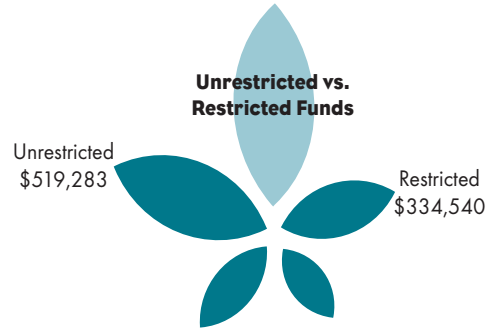
Uncompensated Care **\$595,839**

Unpaid cost of care for health services provided to residents and clients who are unable to pay for care

Government Reimbursement Shortfall **\$1,010,666**

Costs absorbed by Hale Makua Health Services when government reimbursements do not fully cover the cost of care

Total Community Benefit **\$1,606,505**



Thank you for your continued support in furthering Hale Makua Health Services' mission to improve the well-being of those in our care through compassionate personalized health services in our home and yours. Your generous donations made it possible for our programs to provide quality healthcare services to over 1,200 individuals in 2016.



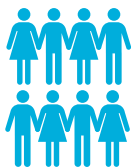
Hale Makua Long Term Care helped **313** individuals by providing a home and round the clock nursing care.



Home Health by Hale Makua gave skilled and therapy care to **396** people in the comfort of their own homes.



Rehab by Hale Makua assisted **417** people in regaining strength and independence through physical, occupational and speech therapies.



Adult Day Health by Hale Makua provided socializing activities, exercise and meals for **76** adults.



Care Homes by Hale Makua cared for **24** adults who needed minimal to moderate round the clock assistance.

= 10 people

Annual Donor List from January 1 - December 31, 2016

Hale Makua Health Services is grateful for the support of friends, family, staff, government, foundations, and businesses through generous gifts.

Every attempt has been made to ensure the accuracy of this listing. Please let us know of any error with your name listing by calling (808) 873-6616.

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Grand Wailea Resort Hotel & Spa
 Island Freight Services Inc.
 Kapalua Golf
 PharMerica
 The Ritz-Carlton, Kapalua
 Wayne and Connie Miller

Supporter \$250 - 499

Alohahonu Inc.
 Atlas Insurance Agency, Inc.
 Burt Sakata
 Eskimo Candy Seafood Market
 & Deli
 Four Seasons Resort Maui at Wailea
 Haleakala Bike Company, Inc.
 Maui Homes & Land
 Maui Oma Coffee Roasting Co.
 Piliialoha Keiki
 Skyline Eco Adventures
 T.S. Restaurants
 Trilogy Excursions
 VIP Foodservice
 Zella Designs

Friend \$100 - 249

Chic Naturals
 China Bowl Restaurant
 Curtis Wilson Cost Gallery Ltd.
 Danielle Amundson
 Duke's Beach House
 The Dunes at Maui Lani
 Home Maid Bakery, Inc.
 Ka'anapali Beach Hotel
 Kobe Japanese Steak House
 Lahaina Pizza Co.
 Longevity Health Center
 Mala an Ocean Tavern
 Mama's Fish House
 Mama's Ribs' N Rotisserie
 Maui Chemical & Paper Products
 Maui Classic Charters
 Maui Country Club
 Maui Divers Jewelry
 Maui Olive Company, LLC
 Merriman's Restaurant
 Miyake Concrete Accessories,
 Inc.
 Moose McGillycuddys
 Mulligan's on the Blue
 Old Lahaina Luau
 Pacific Whale Foundation

Radiance Hawaii Distributor of
 Cyclic Products

Tasty Crust
 Wailea Golf Club
 Warren & Annabelle's Magic
 Worcester Glassworks
 Wrappily

Ohana \$50 - 99

A Special Touch Florists
 Alii Kula Lavendar Farm
 Ba-Le Sandwiches & Bakery
 Bounty Music
 Cafe O Lei at the Dunes
 Cool Cat Cafe
 The Comfort Zone Deli & Diner/
 "CJ" Deli & Dinner Restaurant
 Dan's Greenhouse
 Giselle Peterson
 James and Sue Pleiss
 Love Lei Hawaii
 Mana Foods
 Marmac Ace Hardware Inc.
 Maui Beach Hotel
 Maui Ocean Center
 Monkeypod Restaurant
 The Mountain Apple Company
 Plantation House Restaurant
 PWC Hawaii Corporation
 Sam Sato's Inc.

Gifts In Honor of

Tony Krieg
 Winnifred Zito

Gifts In Memory of

Semeyo Alionar
 Alma Anton
 Kiyoko Kay Bal
 Arthur G. Chenoweth
 Otome Endo
 Tamako Fukunaga
 Shinichi Gibo
 Sueto Hayashida
 Wilfred "Buster" Helm
 Patsy Higa
 Miyoko Hiranaga
 Hajime and Yukie Hirata
 James Hoopai, Jr.
 Tatsuo Ichimura
 Fumiko Iwamoto
 Misao Iwamoto
 Jane Kajiya
 Harold Kishaba
 Jiro Kishaba
 James Kitaguchi
 Kiyoko Komoda
 Tsuru Kono
 James and Yoshiko Kusuda
 Richard Lahl
 Albert S. Low
 Rose Maalea
 Mary Jane Tuttle McBarnet
 Elaine Mimura
 Tamio Mukai
 Gregorio Nacnac
 Mr. and Mrs. S. Nakamura
 Masayo Nakao
 Shizue Nishino
 Bob Ohigashi
 Jenny Oka
 Yoshiko Owan

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HALE MAKUA HEALTH SERVICES

COMPASSION COMMITMENT COMMUNITY

472 Kaulana Street
Kahului, Hawaii 96732
www.halemakua.org



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KOKUA FOR KUPUNA

with Henry Kapono

Saturday, September 9, 2017
at Sheraton Maui Resort & Spa

Tickets on sale in early June.
Sponsorships now available.
Call (808) 871-9218 for more information.

OUR MISSION

To improve the well-being of those in our care through compassionate personalized health services in our home and yours

OUR PROGRAMS



Gifts In Memory of (continued)

- | | |
|---------------------------|---------------------------|
| Mitsuru Owara | George Takemoto |
| Shizuka Owara | Yasuro and Chie Tamashiro |
| Mychael Patrick | Hatsue Tengan |
| John Robello Jr. | Saburo Teruya |
| Mary Rocha | Betty Thayer |
| Panio and Lillian Salbedo | Edna Tokunaga |
| Hisako Sano | Harold Haruo Wada |
| Shirley Sasada | Fusae Wada |
| Roy Savage | Marguerite Winter |
| Itsuo Shiraki | Martha Woodard |
| Seimu Shoda | Hajime and Yaeko Yanagida |
| Lolita St. Sure | Umeto Yogi |
| Hayato and Shizue | Saburo and Sueko Yokouchi |
| Suyama | Shizue Yonamine |
| Lillian Tada | |

Nondiscrimination Policy

Hale Makua Health Services does not discriminate on the basis of race, color, national origin, sex, age, or disability or other grounds protected under state and/or federal law.

If you believe that Hale Makua has discriminated in some way, you can file a grievance with Hale Makua's Chief Human Resources & Compliance Officer/Civil Rights Coordinator, 472 Kaulana Street, Kahului, HI 96732, Direct: (808) 871-9220, Speech-to-Speech Line: (877) 447-8711, TTY: (877) 447-5990.

PAKDAAR: Nu saritaem ti llocano, ti serbisyo para ti baddang ti lengguahe nga awanan bayadna, ket sidadaan para kenyam. Awagan ti 1-888-808-9008, PIN Code: 1332528.

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-888-808-9008, PIN Code: 1332528.

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