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Maui Jim Gives from the Heart



Pictured from left: Danielle Sanchez (HMHS Development & Volunteer Coordinator), Rochelle Knight, Kim Ann Magno, May Cordero (HMHS Activities Assistant), Corinne Benoit, Helen Lamlung, Krista Sparkman, Rana Delatori, Raelene Asio, Denise Thayer (HMHS Development Director), Elizabeth Duke, Wes Lo (HMHS CEO), James Vierra, Paka Wilsey, Justin Deleon, Richard Walker, Ruth Belden, Bill Haywood, Jared Chiuppi. Front from left: residents Melissa Miyamura and Alvin Keohohina.

Maui Jim kicked off the spirit of giving in a big way for Hale Makua Health Services with an amazing gift. A check for \$152,500 was presented to Hale Makua Health Services CEO, Wes Lo, at Maui Jim's International Sales Meeting on December 7th. Maui Jim CEO Walter Hester chooses to make these phenomenal Christmas gifts each year in the hopes of making a difference in the community and inspiring others to do the same. Maui Jim's donation will go directly to help our residents that are unable to afford the cost of round-the-clock care.

Founded on Maui in 1980, Maui Jim has grown to be one of the largest optical companies in the world, recently expanding its sunglasses business to include prescription glasses. The business

is founded on the aloha spirit – caring for people first and foremost. Walter attributes Maui Jim's success, in part, due to the support from our island community. For Walter, giving back is a passion and a priority. In appreciation for the support Maui Jim has received from our community members island-wide, Maui Jim has generously given to Hale Makua Health Services since 2002.

Hale Makua residents, Alvin Keohohina and Melissa Miyamura, along with Wes Lo, and Development staff had the opportunity to visit Maui Jim's Lahaina store on December 19th and personally thank Maui Jim employees for their generosity throughout the years. Maui Jim's overall donations to Hale Makua Health Services total nearly half a million

dollars. Their kindness continues to make a great impact on our organization, more importantly the individuals that depend on the personalized health care we provide.

In addition to their gifts to Hale Makua Health Services, Maui Jim also made donations to the Maui Arts and Cultural Center, Imua Family Services and Women Helping Women. Donations included proceeds from the Maui Jim Oceanfest 2016, in which 100% of the proceeds are given to Maui charities. Mahalo Maui Jim and Walter Hester for living and sharing aloha!

If you would like to join Maui Jim and Walter in helping our kupuna (elders), you can make a tax-deductible donation in the enclosed envelope.

From the Desk of CEO Wes Lo



The first two months as the new CEO of Hale Makua Health Services have been a whirlwind of meeting new people and learning about the daily operations of the organization. I am so thankful to the employees and Board of Directors who have made my transition smooth and easy. Along with you, they are the heart and soul of this organization, and I am honored to be part of a team with such dedicated, hard-working individuals.

This year is off to a great start thanks to the support of our elected officials. Many thanks to House Speaker Joe Souki and Senators Roz Baker, J. Kalani English and Gil Keith-Agaran for introducing and supporting bills HB709 and SB277 to "Appropriate \$1,500,000 for the public-private partnership established for administrative purposes to implement a model of health care delivery in Maui county that addresses coordination of care in a seamless, efficient, appropriate, and cost-effective manner."

These funds are much needed by Hale Makua to provide a physician for the frail and elderly who live at Hale Makua and do not have a doctor to oversee their care. In addition, these funds will be used to decrease the Maui Memorial Medical Center (MMMC) waitlist, ultimately saving Hawaii tax payers millions of dollars annually.

While the introduction of these Bills is good news, we need your support in getting legislation passed. You can help by writing to your legislators. Testimony for both bills can easily be submitted online at www.capitol.hawaii.gov. Your support is much appreciated.

It is a very exciting time for healthcare on Maui, and I am grateful to continue being a part of it in the nonprofit sector. In working in healthcare on Maui for the last 13 years, it has become clear to me that post acute care services are a critical piece of the healthcare delivery system. Hale Makua is key to this success. It is my firm belief that together, as a community, we can accomplish great things.

Special Deliveries



The Andaz Resort Maui elves pose for a quick photo with their delivery in front of Hale Makua Kahului.

Residents and staff love the holiday season. It's filled with entertainment, festive decorations, children, wonderful food and an abundance of love. This year was made extra special thanks to two organizations that went above and beyond to make sure our residents had an especially memorable Christmas.

In early November Marty Grabias from the Andaz Maui Resort contacted us and said he and Resort employees wanted to do something extra special for our residents. He asked for a wish list and said they hoped to have every item on the list by Christmas. On December 21st, the Andaz bus aka Santa's Sleigh pulled up and elves cheerfully unloaded numerous



Hillory Zablan and Cathy Nobriga Kim, President of Maui Soda & Ice Works, deliver presents.

bags full of gifts. Employees gleefully made their way around distributing gifts to residents, talking story and spreading holiday cheer.

Early November also brought a call from Hillory Zablan of Maui Soda & Ice Works. She shared that each year the employees choose a different organization to adopt for the holidays, and this year it was Hale Makua. Just before Christmas wrapped boxes full of goodies for our residents were delivered.

Mahalo to employees at Andaz Maui Resort and Maui Soda & Ice Works for your amazing gifts and helping to put smiles on the faces of our residents this past holiday season.

Gift Planning

A thoughtful gift and estate plan can help satisfy personal financial-planning needs and allow you to maintain control of your assets, while providing Hale Makua Health Services with important long-term support. There are many ways you can accomplish your financial goals and maximize your philanthropic goals through effective gift planning.

Please contact the Development Office at (808) 871-9218 today with questions or to learn more about how gift planning can benefit you and Hale Makua Health Services. Your inquiry is always confidential.

If your plans already include a gift to Hale Makua Health Services, please let us know. Our goal is to implement your philanthropic intentions and celebrate your participation in the vision of Hale Makua.

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Gift Helps Improve Our Kitchen



John Denver Maglaya, Kitchen Helper and UHMC Culinary student, gives dishes a quick rinse before sending them off to be washed.

Thank you to the Roy H. & Lorraine M. Okumura Foundation for a donation of \$15,000 to support the organization's foodservice operations. This gift has made possible the purchase of a much needed new dishwasher, which is critical for cleaning thousands of dishes daily.

Our Nutrition Services team has been thrilled with the new dishwasher, saying

that it is much easier to use and clean, and staff and residents have noticed that the dishes are spotless. The new dishwasher is easier to repair when needed, and much more efficient; saving staff time, using less water, and taking up less space. Plus it retains the steam and heat better, so in hotter months, the dish room won't be as warm a working environment for staff.



Fely Guibaoan, a veteran Kitchen Helper of 13 years, unloads dishes, and is happy the new dishwasher automatically stops if too many dishes are sent through.

We are very grateful for the continued generosity and support of the Roy H. & Lorraine M. Okumura Foundation, VIP Foodservice and Island Grocery Depot, who have been generously helping Hale Makua and Maui's kupuna since 1994. In addition to this gift, VIP Foodservice also supports our annual fundraiser, Kokua for Kupuna, and our participation in the Tournament of Champions.

Youth Brings Joy for the Holidays



In July we were fortunate to meet Jacy Hanada, a 12 year old who in lieu of birthday gifts asked for donations to her sewing fund. She used the donations to buy bright and colorful fabric, and sewed lap blankets and walker buddies which she donated to residents at Hale Makua. At that time, she committed to doing another project for our residents during the holidays with the remaining funds.

Just before Christmas, Jacy learned about Alvin Keohohina. Alvin is a 32 year old resident that has lived at Hale Makua for the last ten years. Alvin has had to adjust to changes in his life and although it hasn't been easy, he has found a support system in the staff, residents and volunteers at Hale Makua. Jacy was inspired by Alvin and the things he has overcome and accomplished in his life. She was interested

in doing something for Alvin for Christmas, but had already planned to do another project to help more residents.

Not yet sure what type of project she would do, Jacy found out a little more about Alvin and discovered his favorite food is pizza and he occasionally gets an opportunity to go on outings. After much consideration, she decided to use part of her donations to buy a Christmas gift for Alvin and a pizza with his choice of toppings.

On Christmas Eve, Jacy, and her mom Stacy, had the opportunity to meet Alvin and deliver his gift and a pizza. Alvin was extremely happy to meet Jacy and was equally inspired by her when he learned of her previous donation to our residents and plans for a future project. Alvin was a little embarrassed by the attention he received, but he is very appreciative of their thoughtfulness and for making his Christmas extra special.

Rehab Success



Christine Kuaana is all smiles while getting in her exercises at the Rehab gym with student Physical Therapist Brian Morris and supervising Physical Therapist Tara Pepper.

Christine Kuaana came to Hale Makua Health Services for rehabilitation after a fall at home caused injury to her right shoulder and leg. She was wheelchair bound upon arrival, but was determined to walk again so she could get back to her home in Maui Meadows. Immediately after arriving she got acquainted with the staff in Rehab by Hale Makua who helped get her started on her journey to recovery.

While personal determination has been the main reason for getting Christine back on her feet, she shared that the dedication and kind nature of the staff have been the driving factors in aiding in her speedy recovery.

"I am very impressed and appreciative of the therapists in the rehab department, they are so friendly and encouraging. They have a way of making everything fun, and they keep me laughing throughout my entire time with them. It's easy to forget about any pain I may be in while I'm doing my exercises because we are always laughing."

Christine has also been very pleased

with the care she's received from the nursing staff. "They've been so patient and attentive. Whenever I need something they are always quick to help me out, and I really appreciate that."

Although home is where Christine really wants to be, she said her stay here has been incredibly comfortable and the food has been great too. She likes the variety of food on the menu and really enjoys the hot tea.

In the short time that Christine has been here, she has learned so much about the importance of caring properly for herself and exercising to help her achieve full use of her leg and shoulder when she returns home. Knowing she could not have taken this journey to recovery on her own, she said, "I'm walking again, what more could I ask for?"

Rehab by Hale Makua is one of Hale Makua Health Services' five programs. It offers inpatient and outpatient physical, occupational, and speech therapy to promote and restore an individual's independence and life skills. For more information about rehab, call (808) 873-6638 or visit our website.

Scholarships Awarded

The Walter and Cathy Scott Memorial Fund was established in 1996 with the purpose of providing scholarships to non-professional and non-administrative staff at Hale Makua for tuition, books or registration for additional education in areas of healthcare. We are proud to announce this years recipients of the Walter and Cathy Scott scholarship, Joyce Della and Ashley Ramos.

Joyce is originally from the Philippines and pursued a career in nursing upon moving to Maui. She is now a Registered Nurse and has a Bachelor of Science in Nursing. She aspires to be a Family Nurse Practitioner (FNP) someday. This scholarship will help her attain a Doctor of Nursing Practice bringing her one step closer to achieving her goal of being an FNP. Joyce, pictured in the photo, receives her scholarship award from Kahului Administrator, Connie Miller.

Ashley's mother instilled in her the importance of caring for others giving her a desire to work in healthcare. Ashley is currently a CNA at our Wailuku campus and is working towards receiving an Associates degree in Liberal Studies. She then hopes to get into the Nursing Program at University of Hawaii Maui College where she will study to receive a Bachelors of Science in Nursing degree. Before becoming an employee, Ashley volunteered with our organization throughout high school.

We are grateful to the Walter and Cathy Scott Memorial Fund for creating opportunities for our care partners to gain education and achieve personal goals.



Nurse Aide Tuition Reimbursement

We are excited to announce our new Nurse Aide Scholarship Program, which aims to offset the cost of attending a state approved nurse aide training program and encourage more people to work at Hale Makua. We have seen that one of the major challenges for potential caregivers entering the healthcare field is the upfront cost of paying tuition and fees at a nurse aide training school. We'd like to help alleviate those costs for individuals that we think would be a good addition to our team by paying for the registration and tuition fees for nursing aide training up to \$1,100. In exchange for covering education costs, the scholarship recipient would need to agree to work at Hale Makua for one year as a Certified Nurse Aide.

In addition to becoming a member of

the Hale Makua family, there are great employee benefits, including paid time off and medical, dental, vision, prescription and life insurance benefits. For full-time employees, Hale Makua Health Services covers 95% of an employee's single medical premiums and 90% of family medical and dental benefits. The organization also provides a match to employees' 401k retirement savings, and offers generous tuition reimbursement benefits and scholarships.

If you know of anyone who is thinking about becoming a nurse aide, or is looking for an entry level job in the healthcare industry, this is an awesome opportunity! For more information, call Human Resources at 871-9263 or visit www.halemakua.org/careers.



Senior Certified Nursing Assistant Precy Rojas helps resident Louise Lucas with her hair in the morning.

Volunteer Spotlight



Volunteer Kapono Akina is widely recognized at Hale Makua Kahului as a reliable and dedicated volunteer who helps transport residents to and from their exercises. He is pictured here taking resident Nancy Kawamura to an appointment.

Kapono Akina came to Hale Makua with an interest in gaining more hands on experience in the healthcare field while he pursues his goal of becoming an EMT. But he's benefitted from much more than just the hands on experience he originally came here for. "The feeling that I get when I walk through the doors each week and see the smile on the faces of residents when they greet me is indescribable". For Kapono, Hale Makua has become more than just a place for him to come and volunteer each week, it is a place full of familiar faces, laughter and comfort. He knows that the residents look forward to visiting with him, just as much as he does.

"I just really enjoy the opportunity to give back, make a difference in someone's life and make people smile. I really love to see people smile".

You can find Kapono every Wednesday morning helping out in our Maintenance Exercise Program (MEP) with various exercises and transporting

residents back to their rooms. Kapono says the employees are a huge part of why he loves coming here so much, "The staff in MEP are on point, they work hard and have a great time. The residents just love them and they make every activity and exercise in there fun. They're always laughing and having a good time, and that makes my time volunteering here even more enjoyable!"

Volunteers often share that the feeling of fulfillment they receive from spending time with residents and clients is much greater than they ever anticipate when they first start, and Kapono is no different. Kapono said when he came to volunteer, he was looking to give back, and while the time he spends here is incredibly beneficial to employees and residents, the fulfillment and joy he has acquired along the way has been tremendous.

We are so grateful for volunteers like Kapono. If you are interested in volunteering, please contact our Volunteer Coordinator at (808) 871-9283 or danielles@halemakua.org.

SBS Tournament of Champions a Win



Back row from left: volunteers Mark and Christine Souza, Doug Obenauf, Wesley Lo, Stephanie Bennett, Kehau Cabudol, Iokepa Supnet, Connie Miller; Front row from left: Meg Obenauf, Len Inokuma, Jules Castillo

Hale Makua Health Services is very thankful to have been selected as one of six benefiting charities of the 2017 SBS Tournament of Champions held from January 5 - 8 on the beautiful Plantation Course in Kapalua. Thank you to our employees, Board Directors, community members, and the Maui Junior Golf Association members who contributed over 570 volunteer hours to help with merchandising, ecology and the

media center on behalf of our organization.

Mahalo to Burt Sakata, Chic Naturals, DHX, HFM Foodservice, Hawaiian Host, Homes & Land Maui, Honu Aloha, Island Freight Services, Matson Navigation, Maui Oma Coffee, Office Max, Pili Aloha Keiki, Tri-Isle, and VIP Foodservice for giving over \$12,000 of in-kind support to Hale Makua Health Services as a beneficiary of this year's SBS Tournament of Champions, and



Volunteers Guy and Becky Cauthen haul away trash from the course as Diego Sanchez loads recyclables

helping to further our mission to improve the well-being of those in our care.

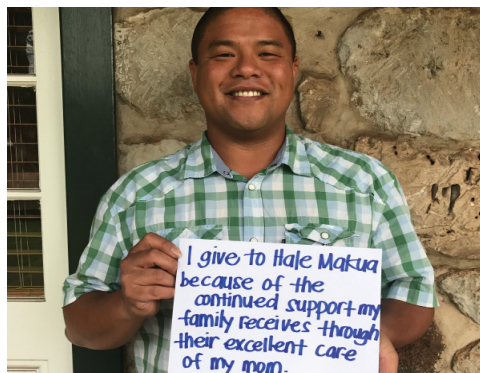
A very special mahalo to the PGA TOUR SBS Tournament of Champions Executive Director Nancy Cross and Tournament Coordinator Adriana Fisher for making this exceptional event possible. We appreciate all that was done to ensure the success of the Tournament, and its continued support of Maui's nonprofits.

Giving Tuesday Thanks

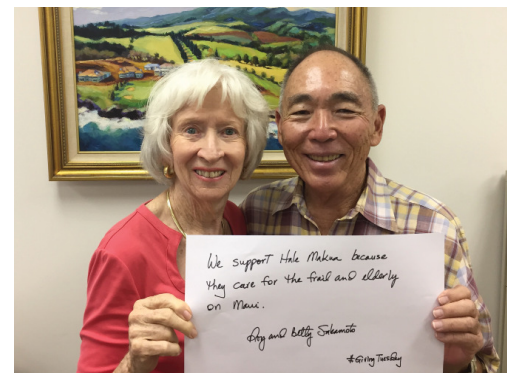


Mahalo to all those who supported Hale Makua Health Services this past Giving Tuesday. The day kicks off yearend giving, and is celebrated on the Tuesday following Thanksgiving and the widely recognized shopping events Black Friday, Small Business Saturday and Cyber Monday.

Florence Watanabe (pictured left)



participates in our Adult Day Health program and is thankful to be part of a program that gives her opportunities to socialize with friends. Pictured with Florence is long time supporter Mitch Mitchell. Mitch is grateful to Hale Makua Health Services for allowing him to be able to support programs, residents, clients, and staff that



are an important part of our community.

Some others that showed their support included Matt Erickson (center), whose mom lives and receives care at Hale Makua, and two of our most dedicated supporters, Betty and Roy Sakamoto (right) who have helped the organization in immeasurable and innumerable ways over the past 30 years.

Quality Care in the Comfort of Home



Sheldon Rabanes has been a client of Home Health by Hale Makua for 12 years, and says the consistent quality care and friendly nurses are the reasons he has been a client for so long. In 2004, Sheldon was in a swimming accident that left him paralyzed. After a 10 month stay at a rehabilitation center on Oahu, he was finally able to return home to Maui to be with his wife and three young children. The rehab center coordinated Sheldon's care at home with Home Health by Hale Makua.

"The nurses with Home Health made it easy for me to transition back into my home after being gone for so long," said Sheldon. It was important for Sheldon and his family to feel comfortable with the people coming into his home that would help with all of the lifestyle changes he would undergo and provide care at the

level required. Kim Pickering, our Client Care Manager, pauses with Sheldon for a photo (above) on a recent visit.

"I appreciate everything that Home Health has done for me. The care I receive and the support is unreal. Everyone is friendly and patient and they really make it easy for me to live like this. I don't have to worry about going to the hospital for every little thing. I just call the Home Health nurses, and they take care of me."

One of the ongoing struggles Sheldon has is medication changes, remembering what each medication is for and their side-effects. The time his Home Health nurses take to teach him about each medication explaining exactly what it is and what he can expect from it is invaluable and one of the

many things Sheldon appreciates very much.

In his free time, Sheldon enjoys meeting new people and being outdoors. He is a member of the Maui Wheeler's club, a group that provides support, resources, and advocacy for the disabled community. "We empower each other. If one of us is going through something, chances are someone else in the group has gone through it, so we offer support. We all want to make things better and easier for the disabled people of Maui."

Home Health by Hale Makua delivers medicare-certified skilled nursing care and therapy to people of all ages in the comfort of their own homes, preparing them to return to normal daily life. Our staff also provides education specific to each client's needs so they are better equipped to manage their own health. A nurse is available 24/7 to answer questions from clients and provide support, thus reducing the number of calls to physicians. Individuals recuperating from an illness, recovering from an accident or surgery, or recently diagnosed with a new illness that is not well controlled, may qualify for our Home Health services.

We, like Sheldon, applaud all of our Home Health care partners who work tirelessly to ensure our clients receive the best support and care possible. If you or someone you know could benefit from Home Health's services, please call (808) 244-3661.

The Simple Pleasure of Playing Piano

Ione Rennacker can most often be found in front of her room, sitting at a small wooden table that holds her beloved Casio keyboard. She serenades her fellow residents and care partners all throughout the day, taking requests and playing whatever comes to mind. "I've been playing the piano since I was three years old. My mother would tell me to go play the piano while she cleaned house, and when she was finished, I could stop. I remember it feeling like hours, and it probably was, but it kept me out of her hair while she cleaned

and that's exactly why she had me do it."

The beautiful thing about Ione playing, is that she's never taken a lesson in her life, and she really is quite impressive. "She can hear any song, listen for a few moments and then play it on her piano, it's really amazing", says Emre Ozdemir, a care partner in Ilima where Ione resides. Playing the piano is a simple pleasure for Ione Rennacker and you can see on her face just how much happiness it brings her anytime you see her playing.





HALE MAKUA HEALTH SERVICES

COMPASSION COMMITMENT COMMUNITY

472 Kaulana Street
Kahului, Hawaii 96732
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How Your Gifts Help

As a non-profit organization, we provide over a million dollars in uncompensated care to frail elders annually, so donations are always needed and much appreciated. Here are ways that your gift can help:

- \$20 feeds 1 resident 3 meals
- \$100 provides painting classes for 10 residents
- \$300 gives 1 resident a wheelchair and the ability to be mobile
- \$600 feeds a resident 3 meals a day for 1 month
- \$1,100 provides training for 1 certified Nurse Aide

You can make a tax-deductible donation in the postage paid envelope enclosed, or securely online at www.halemakua.org.

OUR MISSION

To improve the well-being of those in our care through compassionate personalized health services in our home and yours

OUR PROGRAMS



DEVELOPMENT OFFICE CONTACTS

Director of Development
Denise Thayer
(808) 871-9218
deniset@halemakua.org

Development & Volunteer Coordinator
Danielle Sanchez
(808) 871-9283
danielles@halemakua.org

Development Assistant
Kanoë Medeiros
(808) 873-6616
kanoelanim@halemakua.org