



The newsletter for supporters of Hale Makua Health Services

TOP STORIES

Montessori Students Lend a Helpful Hand

See how a partnership with a local middle school creates meaningful relationships for our residents.

page 2

Nursing Career Pathway

Learn more about our Workforce Development Program that is paving the way for generations of healthcare workers.

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2019 List of Donors

Thank you for making it possible to provide compassionate, personalized care for Maui's kupuna.

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You Helped Keoki Find His Path Home

In 1998, Keoki had a stroke that limited the mobility on the left side of his body. Already living with diabetes, this made caring and managing his health a little more difficult. He made adjustments wherever he needed to and continued on with life. Recently, his left leg was amputated below the knee and he once again made adjustments. Rehab by Hale Makua was able to help him adapt to his new body as well as getting him strong enough to return home.

"Make every move count. Before doing anything, I think about where I need to go. I look at the path I'll take and do two or three things along the way."

Keoki had to change and rethink the way he does things. He said one thing he has learned is to "make every move count. Before doing anything, I think about where I need to go. I look at the path I'll take and do two or three things along the way. This way, I don't have to go back and forth so many times because moving isn't so easy anymore." This change in thinking has him coming up with innovative ways to care for himself instead of relying on others for help all the time. For instance, he will use walls and railings to hold up his left arm to stretch it or a gait belt to lift his leg or turn his hand to test his blood sugar levels.

He doesn't hesitate to say that his



Keoki Hoopii keeps smiling because being positive helps him get through his challenges.

recovery is painful. He has wondered why he can still feel shooting pain in his leg that is no longer there. When the phantom pains come, his natural reaction is to reach out and rub the pain away, but he can't. The occupational therapy he received here at Rehab by Hale Makua helped a lot and the therapists had taught him things he can do to get stronger and even things to help decrease those phantom pains a little.

Keoki really appreciates the 24-hour care he received at Hale Makua. That is one of the things he will miss when he goes home. The nursing staff has taken good care of his wound, which has kept it free from infection and helped in the healing.

As Keoki prepared to leave Hale Makua to return home, he felt ready and able to take care of himself. However, he realized he would still need some help and was relieved to know his mom would be there to give him the support he needed. He wants everyone to know the two things that have helped him get through his challenges can help anyone. First is being positive and the second is laughter. "I might hurt today, but tomorrow I'm gonna find a way to laugh about it. I have to laugh through the pain 'cause it's the best medicine," he says. With his can-do, positive attitude and humor, nothing will hold him back.

Montessori Students Lend a Helpful Hand



Montessori School of Maui student Rylee Nielson serves lunch to resident, Melissa Miyamura.

A recent partnership with the Montessori School of Maui middle school, under the instruction of Jeffery Friedman, has created an opportunity for 7th and 8th

grade students to learn about healthcare in a long-term care setting while lending a helping hand.

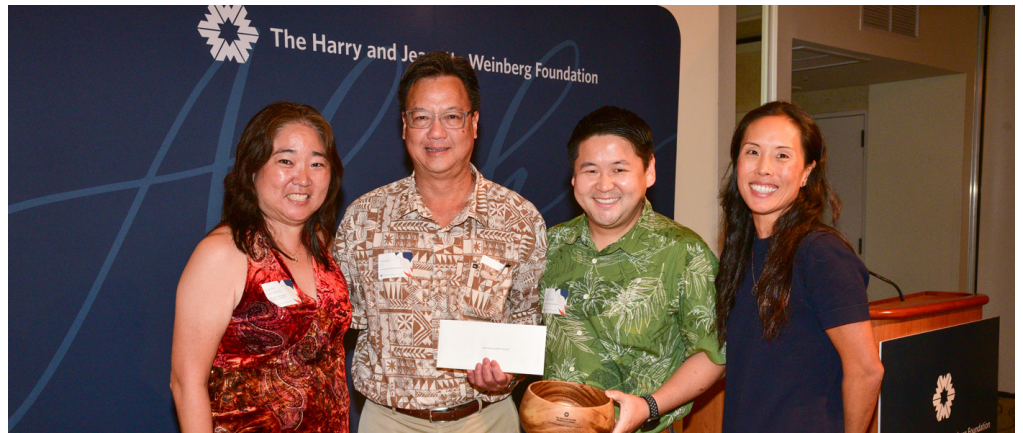
In addition to assisting with distributing the monthly activities calendar to residents, serving lunches and participating in morning exercises, students spent time learning about the different departments necessary for operating a healthcare facility and the importance of hand hygiene.

We are grateful for the time that Maggie McManus, Rylee Nielson and Betty Russo have spent getting to know residents. By engaging with children of all ages, our kupuna receive many benefits. Research has found that intergenerational programs and meaningful cross-age relationships may decrease social isolation and increase older adults' sense of belonging, self-esteem, and well-being, while also improving social and emotional skills of children.

Weinberg Foundation Employee Giving

We are grateful to have been selected by Kathie Yamashiro of The Harry & Jeanette Weinberg Foundation as a beneficiary of the Employee Giving Program. Kathie shared that she selected Hale Makua Health Services because her mother receives similar services on Oahu to those that Hale Makua provides on Maui. She is appreciative of the around the clock care and support that her mom receives, and the peace of mind that she has, especially while she is at work.

The Employee Giving Program started in the Foundation's Hawaii office more than 20 years ago, and gives every Foundation employee (all except the President and CEO) the opportunity to make a \$20,000 grant recommendation to a nonprofit in Hawaii that meets the mission of the Weinberg Foundation. The Foundation has given more than \$125 million in grants in 2019 to nonprofits dedicated to meeting the basic needs of vulnerable individuals and families experiencing poverty. Grants focus on supporting organizations



Kathie Yamashiro of the Harry & Jeanette Weinberg Foundation takes a photo with Wes Lo, Representative Troy Hashimoto, and Denise Thayer.

in the areas of Housing, Health, Jobs, Education, and Community Services.

Each employee handles every step of the grant recommendation. The Foundation's President and CEO reviews each recommendation to ensure that the grant is consistent with Foundation grantmaking goals and guidelines and shares the summary list with the Foundation's Board of Directors for formal approval.

"This is always a very special day for the Foundation," said Rachel Garbow Monroe, Weinberg Foundation President and CEO. "The grants our employees make never fail to reveal deep, personal stories of challenges and triumphs. The fact that our Employee Giving distribution continues to grow with each event, and giving new employees the opportunity to share in this process, only makes the day more meaningful."

A Pathway for the Future of Healthcare

As a major healthcare provider on Maui, Hale Makua Health Services plays a key role in addressing the current nursing shortage to ensure we are able to care for the increase of aging individuals on the island. Hale Makua's goal is to create a pipeline of local healthcare workers, not only for Hale Makua but for other health care providers on the island as well.

Over the last three years, Hale Makua has established a Workforce Development Program consisting of the Nurse Aide Training Program, Nurse Aide Apprenticeship Program, Licensed Practical Training Program, Licensed Practical Nurse Residency Program, and Registered Nurse Residency Program (see table below). Additionally, Hale Makua is working to expand this nursing pathway by creating outreach opportunities in the local high schools by establishing vocational nursing programs where students would have opportunities to train to become nurse aides. Hale Makua is also working to create an off-ramp from Certified Nursing Assistant (CNA) to Licensed Practical Nurse (LPN) for CNAs who had one or two years of clinical experience and wish to further pursue a career in nursing. Lastly, Hale Makua is aiming to broaden the existing



Third cohort of LPN Pathway graduates (from back left) Heather Paranada, Gabrielle Gusman, Lori Campbell, Alexis Asuncion. (From front left) Chelsay Cremer, Taylor Bergau, Skye Catugal, Khyriss Kimberly Pastor, Kandace Ota, and Arnulfo Campiot.

nursing curriculum to include education and clinical practice necessary to develop home health nursing skills.

Thanks to the support of generous donors, the State of Hawaii, the Fred Baldwin Memorial Foundation, and other committed organizations, we've been able to grow and support Maui's nursing workforce. One such donor has put forth a \$5,000 matching donation to assist in increasing the capacity of our nursing pathway. You can take advantage of this

dollar-for-dollar matching gift by making a donation in the enclosed envelope.

Through Hale Makua's Workforce Development Program, we hope to see an increase in the number of nurses (RNs, LPNs, and CNAs) employed at Hale Makua through education and training programs, improve the retention rate of nurses employed at Hale Makua, and eliminate the use of temporary nurses at our facilities, all while maintaining quality care to our residents.

Overview of Current Workforce Development Program

Nurse Aide Training Program

Launched in July 2017. Offers an opportunity for individuals in the community to start a career as a nurse aide. Hale Makua offers the training for free if individuals accept employment as nursing assistants for Hale Makua upon graduation from the program. The program has graduated a total of 35 individuals.

Nurse Aide Apprenticeship Program

Launched in July 2018. Provides additional support for inexperienced nurse aides through further classroom and additional hands-on training through the support of a qualified CNA mentor.

Licensed Practical Training Program

Launched in January 2018. In partnership with the University of Hawaii Maui College (UHMC), students are enrolled through the college. Instruction is supported by a professor at UHMC, and Hale Makua's Clinical Educator. Two cohorts have since graduated, and Hale Makua has hired 17 out of 20 of the graduates.

Licensed Practical Nurse Residency Program

Launched in March 2019. Pipeline for the LPN Training Program graduates. Other newly licensed nurses offered LPN positions at Hale Makua may also transition into this program. This five month residency provides additional support and supervision through the guidance of an experienced LPN preceptor.

Registered Nurse (RN) Residency Program

Launched January 2019. Similar to the LPN Residency, this five month program supports newly licensed RNs during the critical entry period into professional practice.

Mahalo Sentry Tournament of Champions



Volunteers (from left) Carol Reimann, Kris Rasos, Julie LaCroix, Scott Kodama, Patty Nakooka, Melani Luna and Roger Luna pose for a photo.

A huge Mahalo to all of our hardworking volunteers who helped out at the Sentry Tournament of Champions.

This year, we were able to provide the tournament with over 500 volunteer hours and cover 97 shifts. The tournament relies

on our organization to provide ecology services and assist in the media center.

We are thankful to have been selected as a benefiting charity of the tournament, which was held from January 1st – 5th at the beautiful Plantation Course in Kapalua. Since 1999, the tournament has donated over \$1 million to Hale Makua Health Services, and more than \$6.6 million total to Maui charities.

We would like to extend a special thank you to Cool Cat Cafe, DHX Shipping, Island Freight Services, Kahului Florist, Matson, Maui Chemical and Paper, and VIP Foodservice for your in-kind donations which help to support Hale Makua as a beneficiary of this year's Sentry Tournament of Champions, and helping further our mission to improve the well-being of frail elders and disabled individuals in our care.

Margo Gains a New Perspective

Margaret Kaiama, fondly called "Margo", remembers visiting Hale Makua with her sister when they were both little. Though it had been many years ago, she still recalls the sadness she felt as a young child seeing the nursing home residents slumped in their chairs. She hadn't visited Hale Makua since those days. That is until she was admitted to Hale Makua a few days for the start of the new year.

After falling, Margo ended up at the hospital. She had broken her pelvis. She found herself unable to stand or walk, and shares "I got depressed because I couldn't do anything. Everything hurt."

"It's not really what we think from the outside looking in...I learned a lot about Hale Makua, and would feel okay if I ever had to come back again. They're true miracle workers."

After living at Hale Makua for 19 days, Margo reflects, "It's not really



Margo Kaiama has a new perspective on Hale Makua after receiving wonderful care during her stay.

what we think from the outside looking in. The workers, from the therapists and nurses, to the housekeeping and kitchen staff, are all just wonderful. I learned a lot about Hale Makua, and would feel okay if I ever had to come back again. They're true miracle workers."

On her 19th day at Hale Makua, Margo was discharged to return back home. She's able to walk again aided by a walker. She still has some pain, but her therapists have helped her to work through it and it has become bearable for her. She shares that her therapists "helped me learn to walk again. Hale Makua makes you live again!"

Mahalo Donors from January 1 - December 31, 2019

Hale Makua Health Services is grateful for the support of friends, family, staff, government, foundations, and businesses through generous gifts. Every attempt has been made to ensure the accuracy of this listing. Please let us know of any error with your name listing by calling (808) 873-6632.

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Ba-Le Sandwiches & Bakery
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Cheeseburger in Paradise
Restaurants
Cool Cat Cafe
Driftwood
The Dunes at Maui Lani
Ellen Howard
Flatbread Company
Hui No'eau Visual Arts Center
Hula Grill Ka'anapali
Island Art Party
Kahului Florist
Ken Fields Photography

Mahina Boutique - Lahaina
Marmac Ace Hardware Inc.
Maui Arts & Cultural Center
Maui Golf & Sports Park
Maui Wine
Michelle Hartman
Monkeypod Kitchen by Merriman
Pacific Biodiesel
Samudra
Threes Bar & Grill in Kihei
Tin Roof
Tribe Maui
Wrappily

Gifts in Memory of

Lino T., Laureana and Juan T.
Agaran
Semeyo Alionar
Alma Anton
Rudolph Bissen
Richard Caldito
Yoshiko Chinen
Manuel Coloma
Aileen Damaso
Lucy Demello
Gloria Distefano
Josephine Falk
Tamako Fukunaga

Roy Gesch
Ronald S. Hayashi
Suetto Hayashida
Kiyoko Higashi
Hajime and Yukie Hirata
Yoshio & Yuriko Honjo
Sandy Ichikawa
Tatsuo Ichimura
Asae Igarashi
Tatsumi Imada
Masami Imada
Misao Iwamoto
Grace Kijima
Wallace Kimura
James Kitaguchi
Albert S. Low
Katsuko Matsuo
Rea Mattson
Sumiko Migita
Itsu, Jack & James Mimura
Gregorio Nacnac
Yuki Nago
Joann Nakagawa
Mr. & Mrs. Sunao Nakamura
Torio & Yuriko Lillian Nishida
Shizue Nishino
Michie Nobumoto
Doris P. Olsen
Howard Omura

Umeko Oura
Yoshiko Owan
Shizuka Owara
Natsuye Owara
Josefina Pagatpatan
Mychael Patrick
Emma Pires
Mary Rocha
Hayato & Shizue Suyama
George Takemoto
Mr. & Mrs. Shoyei Tamayose
Sadano Tamura
Mildred H. Tokumaru
Seikan Uehara
William Wimberley
Richard Wurderman
Gozei Yagi
Hajime and Yaeko Yanagida

Gifts in Honor of

Bryson DeChambeau
Edwin Hirata
James Hirata
Rory McIlroy
Roy & Betty Sakamoto
Winnifred Zito

Planned Gifts

A thoughtful gift and estate plan can help satisfy personal financial-planning needs and allow you to maintain control of your assets, while providing Hale Makua Health Services with important long-term support. There are many easy ways you can accomplish your financial and philanthropic goals through effective gift planning.

Please contact the Development Office at (808) 871-9218 with questions or to learn more about how gift planning can benefit you and Hale Makua Health Services. Your inquiry is always confidential.

If your plans already include a gift to Hale Makua Health Services, please let us know. Our goal is to implement your philanthropic intentions and celebrate your participation in the vision of Hale Makua.

Nondiscrimination Policy

Hale Makua Health Services does not discriminate on the basis of race, color, national origin, sex, age, or disability or other grounds protected under state and/or federal law. If you believe that Hale Makua has discriminated in some way, you can file a grievance with Hale Makua's Chief Human Resources & Compliance Officer/Civil Rights Coordinator, 472 Kaulana Street, Kahului, HI 96732, Direct: (808) 871-9220, Speech-to-Speech Line: (877) 447-8711, TTY: (877) 447-5990.

PAKDAAR: Nu saritaem ti Ilocano, ti serbisyo para ti baddang ti lengguahe nga awanan boyadna, ket sidadaan para kenyam. Awagan ti 1-888-808-9008, PIN Code: 1332528.

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-888-808-9008, PIN Code: 1332528.

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HALE MAKUA HEALTH SERVICES

COMPASSION COMMITMENT COMMUNITY

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www.halemakua.org



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OUR MISSION

To improve the well-being of those in our care through compassionate personalized health services in our home and yours

COVID-19 Response and Prevention

To ensure the safety and health of our residents and staff, we are following guidance from the Centers for Disease Control and the Department of Health. All employees are screened daily. Alcohol-based hand sanitizer is available at all entrances and throughout our facilities. High touch surfaces are being routinely cleaned.

Kahului and Wailuku Campuses: Visitors are limited and prior approval from the nursing home Administrator is required. In addition, resident group dining and activities have been temporarily cancelled.

Family members are encouraged to stay in touch with residents via text, video calls, and social media.

Home Health by Hale Makua: Continues to service home-bound patients in need of skilled nursing and therapy services.

Adult Day Health: Temporarily closed.

For current updates, please visit:
bit.ly/COVID19_Response

MAKE A DIFFERENCE AND INCREASE YOUR IMPACT

Thanks to the support of generous community members and organizations, there are two ways to increase the impact of your gift: All donations made in the enclosed envelope will be designated for our Visitor Industry Charity Walk fundraising efforts and partially matched by the Maui Hotel & Lodging Association, or if you designate your donation for our workforce development efforts, your gift will be matched dollar for dollar up to \$5,000.

Your gift directly impacts the lives of the over 1,500 frail elders and disabled individuals that Hale Makua serves each year. Because of individuals like you, Maui's kupuna are able to receive around the clock compassionate care and health services that they need and deserve.