#### **SUMMER 2020**

The newsletter for supporters of Hale Makua Health Services

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#### **New Graduate Nurse Residency Program**

Learn about a successful program that helps cultivate new nurses.

#### **Hale Makua Drive-Through Parades**

See how you help bring families together during difficult times.

**Kupuna Stories** 

One of our residents shares with you their journey in life.

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# You Helped Edward Climb to Recovery

From an emergency flight to Maui to contracting COVID-19, Hale Makua resident, Edward Kawewehi, has quite a story to share when he returns home to Kona. Edward's journey began when he went to the doctor to see why he wasn't feeling well. He ended up being medevacked to Maui in early March to be treated for acute kidney failure. He shared that he almost lost his life, but was fortunate to receive proper care in time. His medical condition had made him weak and unable to walk or get out of bed. After a lengthly hospitalization, he was admitted to Hale Makua for rehab.

A few days after his admission, it was discovered that Edward was previously exposed to COVID-19. A test confirmed he contracted the virus. Fortunately, preventative measures were already in place to limit any potential exposure of the virus from new admissions. Edward was further isolated to prevent the spread of the virus within the facility.

"I love it. The place is nice. I get my own bed, the wind comes through, you see all the birds, and all the nurses and aides they're all really good."

#### -Edward Kawewehi

Being guite social and friendly, Edward shared that isolation was not easy, but the nurses were nice and would come



Edward Kawewehi proudly stands on the stairs in Hale Makua's rehab gym, striking a superhero pose after independently making his way to the top.

and talk with him. Though he remained asymptomatic, Edward continued to test positive for a month. When tests finally cleared him and he was released from isolation, he was greeted by staff waving signs and pompoms, cheering him on as he passed through a colorful balloon archway.

Being back in the midst of other residents was great for Edward. He quickly made friends with the other residents in his area and was able to enjoy the campus. "I love it. The place is nice," Edward said. "I get my own bed, the wind comes through, you see all the birds, and all the nurses and aides they're all really good."

"The first time he went up the stairs, he got to the top and put his hands up and yelled, 'Yeah!!!'.

#### -Chris Sargent, PTA

Though Edward had overcome one obstacle, he still had more challenges to face. At home, Edward has to climb a flight of stairs to get to his condo, so he worked hard with his therapists to meet that challenge. He shared that the therapists were great, and they really pushed him to work hard. Physical Therapy Assistant, Chris Sargent, shared a memorable

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### **May Day Festivities**

Resident Missy Ampong sits by the courtyard of her nursing neighborhood, enjoying a graceful hula dance performed by employee, Phyllis Colon.

We celebrated May Day a little differently this year, but residents were still able to enjoy some beautiful entertainment provided by our wide array of talented employees.

In Wailuku, staff put on a May Day show for the residents with performances by employees which included hula, singing, and a poetry reading. Employees even performed a traditional Filipino

dance called tinikling, where two people held opposite ends of two bamboo poles, and rhthmically tapped and slid them together while others danced and hopped in and out from between the poles. One resident also shared a beautiful drawing she did of one of the nurses.

In Kahului, employees did repeat performances at each nursing neighborhood so residents could observe at safe social distances. The staff put on various hula performances, played instruments, and sang lovely Hawaiian songs. Residents were even treated to a hula performance done by a professional hula dancer. Employee Gabi Lastimosa, LPN, was originally set to perform with her hula halau at the Merrie Monarch Festival in Hilo this year until the event was cancelled. She put on an amazing show for the residents, and as she finished her dance, residents cheered "Hana hou!".

# **New Graduate Nurse Residency Program**

Hale Makua is planning to offer another New Graduate Nurse Residency program in September. Due to a shortage of nurses, the program was launched in January 2019 to offer new nurses and nurses with limited experience a chance to start their careers with the support and training needed to successfully transition into independent practice. The program provides education, observation, and oneon-one time with trained nurse preceptors. Through these residency programs, Hale Makua has trained over 35 new nurses, and greatly improved costs by reducing the need for temporary nurses.

According to the National Council of State Boards of Nursing, "Health institutions with transition programs have seen a marked drop in attrition, along with improved patient outcomes."

Kahaili Tovey, RN, shared her experience in the program saying, "My favorite part of the New Nurse Residency



Employee Kahaili Tovey, RN listens to resident Dorna Mae Podlewski's heartbeat. Kahaili recently completed Hale Makua's New Nurse Graduate Nurse Residency Program.

program was having someone I could rely on to help me navigate my new role as a nurse. I knew I could ask any question and that I was in a safe and judgement-free

Due to current circumstances, Hale Makua will be monitoring when the Hawaii State Board of Nursing will allow new graduates to register for the National Council Licensure Examination (NCLEX) and plans for the next new graduate nurse residency program to start in September.

If you or someone you know would like to become a part of this program, visit our website at www.halemakua.org/careers to submit a job application or contact Kim Pickering, MS, RN, CNE, Clinical Educator at (808) 243-1727 for more information.

# **Edward's Recovery (continued)**

Continued from cover.

session with Edward when he reenacted a scene from the movie, "Rocky". "The first time he went up the stairs, he got to the top and put his hands up and yelled, 'Yeah!!!'. He was Rocky." Chris fondly recalls.

After two months at Hale Makua, Edward finally returned home in June. He can now walk with a walker and climb stairs like a champion. We know with his positive attitude he will continue to work hard on his recovery and will only get better thanks to the support and care he received here at Hale Makua.



Staff celebrate Edward Kawewehi's release from a lengthy isolation after being cleared of COVID-19.

# **Charity Golf Tournament Hits A Milestone**

Tournament officials and Sentry Insurance recently announced that \$459,743 was generated from the 2020 Sentry Tournament of Champions, up almost \$100,000 from the previous year. Funds benefited over a dozen non-profits across the island.

The announcement was made on the Sentry Tournament of Champions Instagram and Facebook pages through a video post which included clips of our residents and other charity recipients saying "mahalo" and holding number "7" signs representing a new milestone reached of over \$7 million in funds generated for charities across our island communities since the tournament moved to Maui in 1999.

Hale Makua received \$65,000 plus an additional \$3,000 generated from an Aloha Friday Charity program where Sentry Insurance contributed additional funds for every PGA Tour player that participated in wearing aloha attire on the Friday rounds.

Alex Urban, Executive Director of the Sentry Tournament of Champions said, "This has been a challenging year for so many on Maui and around the world, and we are humbled and excited to be able to bring some good news to inspire



some hope. On behalf of our players, sponsors, fans, volunteers, and everyone who loves this tournament, we are proud of the difference we can help inspire on this beautiful island. Our nonprofit partners help in so many areas of need, and we are grateful to be able to work alongside

The designated beneficiaries of this year's event were Boy Scouts of America, Friends of the Children's Justice Center, Hale Makua Health Services, J. Walter

Cameron Center, Ka Lima O Maui, Lahainaluna High School Foundation, and Lahaina Iunior Golf.

As part of their relationship with the tournament, these designated beneficiaries assisted in promoting the event, offsetting costs, providing volunteers and much more.

The 2021 Sentry Tournament of Champions is planning to return to the Plantation Course at Kapalua on January 7 - 10. We hope to see you there.







# Drive-Through Parades Safely Reunite Families After Months Apart



Residents anxiously await the arrival of their families at the Cinco de Mayo Parade at the Kahului Campus.



Hanako Hashimoto flashing her signature smile as her family pass by to greet her.



Marina Simon is feeling the love at the Wailuku parade in June



Resident Yaeko Takahashi gets the attention of her son and family with a sign requesting her favorite dish.



Gwendolyn Molina is so happy to get a special visit from her family.



Resident Lorraine Perreira reunites with husband, Lawrence Perreira, on the day of their 60th wedding anniversary at the Forth of July parade.



Paulette Darisay lights up in surprise when she realizes her family came to see her at the parade.



Shanna Robidoux, in tears at the sight of her grandmother, resident Geneva Hestand.



Charles Spencer is all smiles as he poses for a socially distanced photo with his wife and children.

Over the last few months, Hale Makua has held three drive-through parades, providing an opportunity for residents to safely reconnect with their families during the pandemic.

The first parade was held on Cinco de Mayo (May 5th) at the Kahului campus. The driveway was decorated with balloons, pennant banners, and even a giant sombrero. As families drove through, everyone in attendance, including staff, became overwelmed with emotion at the sight of long separated families reuniting for the first time in over a month.

Keoni Darisay and his two brothers, Wayne Darisay and Eric Vega, brought their families with them to the Cinco de Mayo parade to see their mother, Paulette. Paulette, who suffers from memory loss, did not immediately recognize her family, but when she finally made the connection her face lit up in surprise and she became emotional. "We were all in tears," Keoni said.

The second parade was held at the Wailuku campus on June 5th. Throughout the hour, decorated cars, motorcycles and even a pet turtle joined in the parade sparking smiles and energetic dancing from residents. One family remarked that their grandma, who has become forgetful recently, immediately recognized them and got excited, "She was dancing and literally walking to our truck!" explained Gary Fukuroku, son of resident, Yaeko Takahashi.

Local Maui businesses also came out to show their support and spread aloha to the kupuna. There were drive through visits from Caring K9s Therapy Dogs Maui, who prior to the pandemic would provide therapy dog visits to residents; Gammie Homecare; and even firefighters from the Wailuku Fire Station. Residents were also treated to some specialty fries during the festivities, compliments of Maui Fresh

The latest parade was held on July 2nd at the Kahului campus, and the driveway

was decorated in red, white, and blue in honor of the Fourth of July holiday. Resident, Lorraine Perreira, was thrilled to see her family at the parade, especially her husband, Lawrence. The parade happened to fall on their 60th wedding anniversary. They exchanged sweet sentiments through microphones, and snapped a photo together. It was a touching moment for their children to see.

While many businesses are slowly reopening, Hale Makua will continue to take necessary precautions to protect high, at-risk residents and restrict outside visitations at this time as recommended by the Centers for Disease Control and Prevention (CDC) and the Healthcare Association of Hawai'i (HAH). In lieu of in-person visitations, video calling stations have been setup and photos of residents and activities are regularly posted on Facebook and Instagram (@halemakua). Staff also keep residents engaged through meaningful, physically distanced activities.

# **Mahalo for the Community Support**

Amid these difficult times, we are witnessing a powerful wave of support from our community in the form of donations ranging from food and flowers to face masks.

Employees were treated to meals from places like Pizza Hut, Makena Golf & Beach Club, Hawaiian Electric Company, and Hui No Ke Ola Pono. Staff also received other goods from companies such as Big Island Candies, Hawaii Foodservice Alliance, Honolulu Cookie Company, Maui Soda & Ice Works, Montoya's Chile Hut, Maui County Federal Credit Union, and Marriott. Flowers were donated from Sunshine Orchids of Maui, Anuhea Flowers, Fragrant Orchids of Maui, Town & Country Designs. Residents also received cards, letters, and gifts from different schools and organizations like



Kamehameha Schools, Kahului Elementary School, EPIC and Maui's Catholic young adult ministry. Community members and organizations like 4-H, Maui Face Mask Fund, University of Hawaii Maui College Fashion Technology, Manuheali'i, Marmac Ace Hardware, Lexbreezy Hawai'i, Wild Love Designs, COSCO Inc, Freckleface Soaps, and Lions Club sent in countless donations of face masks or products to keep our employees protected.

We are extremely grateful to those who through thoughtful donations have shown support to our hardworking staff and love and kindness to our residents. If you would like to make a donation, call (808) 871-9271 or you may also make a monetary donation in the enclosed envelope.







### You Keep Our Kupuna Stories Alive



Resident Waiko "Sara" Ginoza shares the story about her life growing up on Maui and important life lessons.

Our kupuna are a wealth of knowledge, and they all have stories that deserve to be told. We sat down with one of our residents, Waiko "Sara" Ginoza, and asked her to share her life story with us.

Even at 96 years old, Sara's memory is still clear as day as she recalls her life growing up in Lahaina. Sara was the eldest daughter of seven children, and was expected to help out at home. When she was a sophomore in high school, her father asked her to guit school and get a job to

help the family. She ended up working for a sugar plantation company, and remembers laboring all day in the hot sun only to bring home \$1.25 which she inevitably had to give to her parents. She regret the decision to guit school for such small pay, but she learned the importance of a good education, working hard, and caring for others. These would become values she would carry with her through adulthood.

Sara eventually got married, and had three sons. Even as a busy mother, Sara

worked a full-time job as a luau pantry cook and a part-time job hemming pants. Life was hectic raising three young children and working two jobs, but she had one important goal in mind. She was determined to save enough to send her children to college. Her sacrifice paid off as she proudly shared that she put all three sons through college, and they went on to have great careers, got married, and blessed her with many arandchildren.

Sara's advice to others is "work hard and help people". Though long retired, her strong work ethic and heart to help others continues on. Prior to coming to Hale Makua, Sara kept busy with sewing and exercise, and she was also very active assisting with church functions. Even at Hale Makua, she is always willing to help staff with crafts for special events or occasions. Though she misses her active life outside of Hale Makua, she is still able to enjoy participating in the activities provided here and has made a few friends.

We appreciate Sara for sharing her story, and we are truly honored to be able to have such a kind soul in our care.

# A Birthday Celebration for a Good Cause

While most people think about what they want for their birthday, former employee Brian Nagami was thinking of ways to give back to the community for his.

In lieu of a birthday party, Brian setup a fundraiser for the Visitor Industry Charity Walk and raised funds for Hale Makua. To encourage donations, he created unique incentives. For \$1,000 he vowed to shave his head live on the internet. In less than a day, he received two pledges for \$1,000 each. By the evening of his birthday, he was completely bald.

"During these times, this is the very least I could do to support the heroic souls who carry on to keep our kupuna safe and healthy," Brian shared.



Before and after photos of Brian Nagami who shaved his head to raise money for Hale Makua on his birthday.

Thanks to his ingenious fundraising tactics, Brian raised around \$4,800 for Hale Makua to date, and a percentage of these funds will be matched by the Maui Hotel & Lodging Association. A big mahalo to Brian for putting himself out there for Hale Makua, and thank you to all the generous donors who contributed.

### **Celebrating Our Dedicated Employees**



Zenaida "Zeny" Bayani joined Hale Makua in 1985 and after 35 years, she is still going strong in her role as a Certified Nursing Assistant (CNA). Those that work with her describe her as a dedicated, hard worker who truly cares for her residents. She is known to take the extra time to make sure that her residents look their best, and she even tidies up their areas to make their rooms look presentable. Zeny says she loves her job at Hale Makua because she enjoys working with and helping older people, and she says that her co-workers are also nice.

Congratulations, Zeny, on 35 years of service. Mahalo, for all you have done for our kupuna throughout the years.



Kathleen "Katz" Souza has given 30 years to Hale Makua since she first started in 1990 as a Nursing Assistant/Trainee. She currently serves as Restorative Aide (CNA) where she aids residents with their exercises, ambulation activities, and activities of daily living skills. Staff describe her as supportive and flexible with a fun personality. She is known to initiate ideas in order to solve problems at hand. She has built bonds with many of the residents, and helps to make a difference in their day to day lives.

Congratulations, Katz, on 30 years of service with Hale Makua. We are so fortunate to have you on our team, and we appreciate everything that you do.

### **Planned Gifts**

A thoughtful gift and estate plan can help satisfy personal financial-planning needs and allow you to maintain control of your assets, while providing Hale Makua Health Services with important long-term support. There are many easy ways you can accomplish your financial and philanthropic goals through effective gift planning.

Please contact the Development Office at (808) 871-9218 with questions or to learn more about how gift planning can benefit you and Hale Makua Health Services. Your inquiry is always confidential.

If your plans already include a gift to Hale Makua Health Services, please let us know. Our goal is to implement your philanthropic intentions and celebrate your participation in the vision of Hale Makua.

# **Nondiscrimination Policy**

Hale Makua Health Services does not discriminate on the basis of race, color, national origin, sex, age, or disability or other grounds protected under state and/or federal law. If you believe that Hale Makua has discriminated in some way, you can file a grievance with Hale Makua's Chief Human Resources Officer/Civil Rights Coordinator, 472 Kaulana Street, Kahului, HI 96732, Direct: (808) 871-9220, Speech-to-Speech Line: (877) 447-8711, TTY: (877) 447-5990.

PAKDAAR: Nu saritaem ti Ilocano, ti serbisyo para ti baddang ti lengguahe nga awanan bayadna, ket sidadaan para kenyam. Awagan ti 1-888-808-9008, PIN Code: 1332528.

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-888-808-9008, PIN Code: 1332528.

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#### **OUR MISSION**

To improve the well-being of those in our care through compassionate personalized health services in our home and yours

#### **OUR PROGRAMS**











#### **INCREASE THE IMPACT OF YOUR GIFT**

Thanks to the Maui Hotel & Lodging Association a percentage of your donation in the enclosed envelope will be matched. Your gift directly impacts the lives of the over 1,500 frail elders and disabled individuals that Hale Makua serves each year. Because of individuals like you, Maui's kupuna are able to receive compassionate care and health services.

#### Kokua for Kupuna Update

In order to ensure the safety of our volunteers and guests, Hale Makua Health Services has made the difficult decision to cancel this year's Kokua for Kupuna live event. Instead, we will have virtual opportunities and other fundraisers to ensure we can continue our care services.

Last year, Kokua for Kupuna raised over \$175,000 to help us provide care to Maui's kupuna and disabled individuals. Though this is a devastating loss, we are confident that with your support, you can help us regain the funds neccessary to continue the work.

We are excited show you what we have in store in the upcoming months, and ask for your support to help us meet the needs of our kupuna. For updates, join us on Facebook and Instagram (@halemakua) or sign up for our e-mail news list through our website at www.halemakua.org/e-news.