



Virtual Fundraisers

Learn about some fun virtual fundraisers happening on our social media and website.

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Kupuna Stories

Read a sweet story about the life of one of our residents, and how Hale Makua helps bring her family peace of mind.

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New Initiative to Help the Community Needs

Read how we are partnering up to help those affected by the impacts of COVID-19.

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You Helped A Hero's Journey to Recovery



Margaret Cabbab is a Registered Nurse and one of the heroes working at Maui Memorial Medical Center who made sacrifices to care for the community's COVID-19 patients. Her job is no doubt a stressful one, but she had no idea just how stressed she was until she fractured her pelvis during a fall at home and ended up at Hale Makua for rehab back in July.

"I love it here. Hale Makua has a huge advocate in me. It was a good experience."

-Margaret Cabbab

Margaret was able to experience the other side of nursing as a patient at Hale Makua, and had a very positive

experience. "I really love it. It's been very restful," Margaret said about her stay. "I didn't know how stressed I was, but with the same medication, my blood pressure has never been better, my heart rate has never been better. It's been great. Nursing care was wonderful. I love the care and the CNAs. I love it here. Hale Makua has a huge advocate in me. It was a good experience."

Margaret was familiar with Hale Makua having sent patients from the hospital here for rehab, but she had never visited Hale Makua herself prior to her injury. She had the typical image of a nursing home in mind—gloomy and depressing. However, when she got here, she fell in love with the

feeling of openness, and enjoyed sitting out in the sun and admiring the birds and plants.

"Now, I can practically walk without a cane. Therapy has been wonderful. That's probably the most positive thing you have going on here."

At her first physical therapy session, therapists started Margaret off slowly, having her stand up by the rails. Even this seemingly simple task was a difficult adjustment for Margaret physically. However, as the week progressed she was gradually able to stand and walk with a front wheel walker, and by the third week she was going up the stairs on her own.

"When I came in, there was no way I could walk, stand, rollover in bed, or get up to go to the bathroom," shared Margaret. "But now, I can practically walk without a cane. Therapy has been wonderful. That's probably the most positive thing you have going on here."

After three weeks at Hale Makua, Margaret was able to walk on her own, but continued to use a cane as a precaution. She has since returned home and will take some time to focus on her recovery before returning to work. Margaret will be back to saving lives in no time thanks to the care she received at Hale Makua.

Meet Our New Wailuku Administrator



Meet Corey Crismon, our new Administrator for our Wailuku facility. Corey moved here from Oregon where he was working as an Administrator at Prestige Care, Inc. He holds a Bachelor's degree

in Business Administration and a Master's degree in Health Care Administration/Management.

Corey has a very diverse career background. His family owns a cattle ranch

in Eastern Oregon that has been in the family for over 100 years. He left the ranch and went into the Army Reserves, attended college, and later started working in retail. In 2013, he transitioned into Skilled Nursing as a CNA while working on his Master's degree, and later moved up to Administrator at Regency Pacific before going to Prestige Care, Inc.

Now at Hale Makua, Corey says, "I am excited about working with a strong team that treat each other like family and that are passionate about providing amazing care to our kupuna at Wailuku. I am also excited about living on Maui!"

On his spare time, Corey enjoys Crossfit, reading, being outdoors, competition, and spending time with family.

Hale Makua Fundraisers Going Virtual

As you can imagine, fundraising this year has proven to be a bit challenging. Throughout the year, Hale Makua usually holds country fairs, craft sales, and bake sales at our facilities to help raise money for Charity Walk and we typically have our annual Kokua for Kupuna event to raise funds for our residents. In order to ensure proper social distancing and safety, many of our fundraisers have been cancelled. Our solution? Go virtual!

In August, we launched our Kokua for Kupuna Online Giving Campaign where supporters can make online donations at www.halemakua.org/2020-kokua-for-kupuna-online-giving. Mahalo to those of you who have already contributed like Atlas Insurance Agency Foundation, Brothers LLC, Ohana Pacific Management Company, Vizient, Alec McBarnet, Adele Mahoney, and Len Inokuma.

We are also launching a virtual "Pie in the Face" fundraiser through social media and our website around mid-October. During this time, when you visit our website at



www.halemakua.org/pieintheface, you will get access to an exclusive video clip of CEO, Wes Lo, getting pied in the face. Be sure to follow us on Facebook and Instagram (@halemakua) and look out for fun video posts of our residents and staff "passing the pie" and for the premiere of our kupuna cooking show where one of our residents helps to whip up an easy and delicious chocolate banana cream pie recipe. These video posts will have



giveaway drawings, so come join the fun and help us reach our goal of \$1,000!

We understand that not everyone wants to participate in social media or make online donations. If you still want to help out Hale Makua, but prefer not to do so online, you may send your donations to Hale Makua Health Services by mail using the envelope that is enclosed with this newsletter.

Barrio Fiesta Celebrations



Kahului Fiesta Queen, Missy Ampong, performing Bulaklakan (Flower Dance)



Mr. Barrio Fiesta Wailuku, Faustino Tabios



Ms. Barrio Fiesta Wailuku, Florencia Manangan



Wailuku Employee Chelsea Guzman, RN performs a Filipino folk dance called Binasuan where she holds glasses filled with water and does balancing tricks.



Wailuku residents play pabitin, a game where they reach for bags of goodies strung overhead.



Kahului Activity Coordinator, May Cordero, performs a banga dance with claypots.



Kahului Restorative CNAs (from left to right) Tina Ugale, Fedelyn Ricana, and Lumen Hernandez perform a dance called Salakot.

It was an afternoon of song, dance, and fun during Barrio Fiestas held at the Wailuku campus on July 17th and the Kahului campus on September 23rd. Residents Faustino Tabios and Florencia Manangan were crowned Mr. and Ms.

Barrio Fiesta in Wailuku, and Missy Ampong was crowned Fiesta Queen in Kahului.

Though the Barrio Fiestas held this year looked a lot different than our usual set up,

residents were still entertained watching the staff perform traditional Filipino songs and dances.

The fiestas were a wonderful celebration of culture that everyone could enjoy.

Screening Tent Upgraded Thanks To A&B



Hale Makua Kahului's screening tent prior to the upgrade.

Since early March, employees have been screened for COVID-19 symptoms and receive temperature checks prior to entry into the facility. Thanks to a generous \$3,000 donation received from Alexander & Baldwin, Kahului's health screening station was upgraded from a plastic tarp tent to a beautifully constructed wooden hut which has been dubbed "Da Hale".



The newly constructed screening station built thanks to a donation from Alexander & Baldwin.

Our skilled Maintenance team built the structure, adding electrical wiring, lighting, windows and screens, a door, and a front step with a safety railing to prevent any trips and falls into the road. Not only does Da Hale look more official and is more aesthetically pleasing, but it provides screeners shelter from the heat, rain, and wind. Staff doing the screenings say it feels



A look inside the new screening station at Hale Makua Kahului.

a lot cooler inside, and they no longer have to worry about their materials getting blown away. Da Hale also gives an added sense of security for those working the screening area during early morning or late night hours.

Thank you A&B for helping to keep our staff safe and sheltered!

Updates to Our Infection Control Measures

With the increase of COVID-19 clusters happening around the state, Hale Makua has taken additional steps to protect our vulnerable residents by enforcing new measures aimed at reducing the chance of a spread within our facilities.

Along with wearing a procedure mask, staff entering patient areas are now required to also wear face shields. All staff received face shields and completed in-service training on how to properly wear, remove, disinfect, and care for their face shields.

Also, due to a recent mandate by the Centers for Medicare & Medicaid services (CMS), Hale Makua has begun testing all staff and contracted care providers for COVID-19 on a regular basis. We are following guidelines set forth by CMS on the frequency of testing which is determined



Clinical Development Coordinator, Tina King, RN, conducts a face shield training session for staff.

by weekly infection rates in our county.

These new measures are in addition to the current practices that have been in place, which include restricting visitors inside the facility (except under specific circumstances), conducting temperature

checks and health screening for staff and vendors prior to entry into the facilities, isolating new admissions to one neighborhood, staff wearing face masks, and frequent sanitation of high touch surfaces.

Geneva Hestand's Sweet Life



Geneva Hestand sits in front of a stash of birthday cards sent to her by loved ones on her 100th birthday.

September 13th was Grandparent's Day, and here at Hale Makua we have the privilege of caring for many grandparents in our community. We recently had the pleasure of speaking with one of our resident's family members, to learn more about her life and the special bond she shared with her grandchildren.

Adorned with a beautiful plumeria lei around her neck and a matching haku lei graced around her head like a crown, resident Geneva Hestand truly looked and felt like a queen that special day back on June 1, 2020. There she sat in Hale Makua's Activities department at her virtual birthday celebration, lit up with delight as staff joined her family on the computer singing "Happy Birthday" as she blew out her 100th birthday candle.

Over the course of a century, life has taken Geneva all over the world, given her a wonderful marriage, and blessed her with a son, two granddaughters, and three great-grandchildren. Geneva was born in Albuquerque, New Mexico, but it was her husband Charles' job as a CPA for a large oil company that brought her and their son, Jim, to live in exotic places like India, Sri Lanka, Pakistan, and the Philippines.

Geneva enjoyed being immersed in new cultures, and she even took up Indian dance. After serving a nice career, Charles retired and he and Geneva settled on Maui. It was here that they started a new chapter in their lives as grandparents.

Jim and his family moved to Maui shortly after, and Geneva and Charles' enjoyed every minute spent with their granddaughters, Gillan and Shanna. Shanna, talked about her close bond with Geneva, and how they even shared the same birthday. Shanna admired her grandmother's bold, outgoing personality, and how she was always so animated, leading the way in everything they did. The girls spent many nights at their grandparent's house, and were spoiled by all the sweets Geneva would whip up including her specialty chocolate pie or hot cocoa.

After Charles passed away many years ago, Geneva lived independently. Shanna and Gillan were now grown up and had moved away, but always kept in touch with Geneva. Shanna eventually moved back home and Geneva spent some time with her great-grandson. When she got older, Geneva took some falls in her home

and broke her hips. Though she lived in the cottage next to her son, Jim, the family worried that it was no longer safe for her to live alone. Geneva was admitted to Hale Makua for rehab, and her physician recommended that she remain there to receive the extra care she needed.

"It was a rough adjustment at first," Shanna admits about Geneva's admission to Hale Makua. "But she's been there about three years now and I am really grateful that she's there. We would not be able to take care of her in the manner that she's being taken cared of now."

Geneva also found a new breath of life at Hale Makua, as she enjoys playing bingo with the other residents or watching the different activities happening around campus. "It was neat to see her try some different things and be more sociable again," Shanna shared. "In her later years, she was not as social because she couldn't get around. Her being at Hale Makua kind of helps."

Though Shanna has not able to visit her grandmother during the pandemic, she still makes it a priority to keep connected. Shanna visited Geneva with her dad at the last Hale Makua parade, calls Geneva every Saturday, and mails her cards, magazines, or Geneva's favorite treat (chocolate) which Geneva claims is the secret to a long life.

"There is a really special bond between a grandparent and a grandchild," says Shanna. "I'm so grateful for having a fearless grandma that showed us how to be her best self all these years."

After nearly seven months apart, Geneva's family (and others like theirs) will be able to reunite for some much-needed quality time as Hale Makua Kahului will be starting drive-through visits. If you have a loved one at Hale Makua and would like to schedule a drive-through visit (Kahului) or window visit (Wailuku), call (808) 877-2761 and connect to their nursing neighborhood to schedule an appointment.

Angie Celebrates 40 Years at Hale Makua



It's been four decades since Angelina "Angie" Saiki started her career at Hale Makua. At the time, she had just moved to Maui from the Philippines, had a Bachelors

of Science in Nursing degree, and no work experience. She was hired as a Bedside Nurse at Hale Makua in 1980 where she did non-skilled treatment for residents.

She eventually pursued her Hawaii nursing license, and in 1988 was promoted to LPN. With encouragement from her peers, she eventually took her board exam and was promoted to RN in 2010. Aside from her regular RN duties, she has also held the role of union steward since becoming an RN, has mentored many nurses and staff throughout the years, and is a preceptor for Hale Makua's nurse residency program.

When asked about why she stayed at Hale Makua for so long, Angie said, "What makes you stay here is the people you work with and first the patient. If you see the patient and consider them your relative, your heart melts. I love my patients. I love the people that I work with too. But what makes you stay is the care from the heart. Even though everybody is nice, if you don't love the job, if you don't have that heart for your patients, that's useless."

New Initiative to Address Impacts of COVID-19

Hale Makua is working in collaboration with other local organizations in a new initiative called the HealthCARES Hui intended to create job opportunities, expand food delivery outreach, and connect those in need with appropriate medical care, personal care, or home improvement services. The County of Maui has allocated around \$1.5 million towards this initiative through Federal funding received from the Coronavirus Aid, Relief, and Economic Security (CARES) Act. Along with Hale Makua, the HealthCARES Hui includes Hui No Ke Ola Pono, Malama I Ke Ola Health Center, Habitat for Humanity, Hale Mahaolu, Kula Hospital, East Maui Kupuna Hui and Maui Medical Group.

The program will allow healthcare organizations on Maui to hire and train full-time positions for CNAs, community health workers, new graduates, and those who lost their jobs during the pandemic.



(From left to right) Karen "Karie" Atai, Jorie Ann Atai-Alexander, Alohilani Day, and Zaclyn Kekona-Cramer are a few of the Nurse Aides-In-Training hired by Hale Makua thanks to the HealthCARES initiative.

Due to the pandemic, entry into Hale Makua's facilities have been limited to staff only, which meant that students were no longer permitted to complete on-site clinical training. Through this initiative, we have been able to hire dozens of full-time Nurse Aides-In-Training, Home Health Aides-In-Training, and LPNs-In-Training who will get

paid and receive benefits while obtaining training at our facilities. Upon completion of their training, they will be eligible to test for certification or licensure, and apply for available open positions.

To learn more about our career opportunities, visit www.halemakua.org/careers.

Residents Care for Plants and Their Health



Resident, Danny Kanahale, pulling weeds around North Neighborhood.

For safety reasons, we have limited the contracted landscape work inside our facilities to an as-needed basis. Fortunately we have a few residents who have taken notice to our needs and took the initiative to help maintain their neighborhood courtyards.

On North Neighborhood, resident, Danny Kanahale, pulls weeds, removes dead leaves, and waters the garden on a regular basis. He likes keeping busy doing something that he used to do at home. The neighborhood staff have also contributed by planting vegetables. There is a variety



The thriving vegetable garden growing in North Neighborhood.

of young vegetable plants thriving in the garden including beans, sweet potato, tomatoes, and pumpkin.

Resident, Missy Ampong, also took it upon herself to keep Pikake Neighborhood's courtyard looking pristine. She trims dead leaves, pulls weeds, and waters the garden. The courtyard has never looked more beautiful.

Not only are these two helping out Hale Makua, but they are also inadvertently helping themselves. Gardening is shown to have benefits. According to a medical



Resident, Missy Ampong, caring for the plants in Pikake Neighborhood.

journal published by the Royal College of Physicians, gardening engages individuals in physical aerobic activity, and helps restore dexterity and strength. Being out in the sunlight also increases vitamin D levels and lowers blood pressure. The social benefits of gardening projects has even been reported as helping to delay symptoms of dementia.

It is clear Danny and Missy take pride in living at Hale Makua, and it's good to know that what they are doing is also helping to keep their minds and bodies strong.

Social Media GIFs

**WE
LOVE
YOU!**

**I CARE
I LOVE
I GIVE**

Hale Makua has launched a branded GIPHY page. You can now search for and use our animated GIFs when posting on Instagram stories. You can check out all of our available GIFs on our GIPHY channel at www.giphy.com/halemakua or search for them through the stickers available on Instagram stories.

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OUR MISSION

To improve the well-being of those in our care through compassionate personalized health services in our home and yours

Nondiscrimination Policy

Hale Makua Health Services does not discriminate on the basis of race, color, national origin, sex, age, or disability or other grounds protected under state and/or federal law.

If you believe that Hale Makua has discriminated in some way, you can file a grievance with Hale Makua's Chief Human Resources Officer/Civil Rights Coordinator, 472 Kaulana Street, Kahului, HI 96732, Direct: (808) 871-9220, Speech-to-Speech Line: (877) 447-8711, TTY: (877) 447-5990.

PAKDAAR: Nu saritaem ti Ilocano, ti serbisyo para ti baddang ti lengguahe nga awanan bayadna, ket sidadaan para kenyam. Awagan ti 1-888-808-9008, PIN Code: 1332528.

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-888-808-9008, PIN Code: 1332528.

Mahalo for supporting Hale Makua!

Planned Gifts

A thoughtful gift and estate plan can help satisfy personal financial-planning needs and allow you to maintain control of your assets, while providing Hale Makua Health Services with important long-term support. There are many easy ways you can accomplish your financial and philanthropic goals through effective gift planning.

Please contact the Development Office at (808) 871-9218 with questions or to learn more about how gift planning can benefit you and Hale Makua Health Services. Your inquiry is always confidential.

If your plans already include a gift to Hale Makua, please let us know.

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