

Menu for the Week of January 2 , 2022

Week 3



Hale Makua

LONG-TERM CARE
KAHULUI • WAILUKU

SUNDAY January 2	MONDAY January 3	TUESDAY January 4	WEDNESDAY January 5	THURSDAY January 6	FRIDAY January 7	SATURDAY January 8
BREAKFAST						
Juice Papaya w/ Lemon Cream of Wheat Hard Boiled Egg Cinnamon Roll Milk / Coffee / Tea	Juice Prunes Oatmeal Fried Egg Patty Sausage Patty Croissant Milk / Coffee / Tea	Juice Banana Froot Loops Hard Boiled Egg Old Fashion Pancake Milk / Coffee / Tea	Juice Papaya w/ Lemon Honey Nut Cheerios Scrambled Egg Fried Spam Milk / Coffee / Tea	Juice Prunes Cream of Wheat Hard Boiled Eggs Bacon Milk / Coffee / Tea	Juice Papaya w/ Lemon Cheerios Spinach Quiche Hash Brown Scramble Milk / Coffee / Tea	Juice Banana Oatmeal Omelet French Toast Milk / Coffee / Tea
LUNCH						
Fried Fish Sushi Rice Namasu Roll w/ margarine Honey Dew Melon Milk and/or Juice	Cheeseburger Tater Tots Lettuce & Tomato Coleslaw Peanutbutter Cookie Milk and/or Juice	Shoyu Chicken Rice or M Potato Carrot & Raisin Salad Roll w/ Margarine Grapes Milk and/or Juice	Homestyle Meatloaf Rice or M Potato Haricot Beans Snowflake Roll w/Marg. Lychee & Mandarin Oranges Milk and/or Juice	Grilled Turkey & Cheese Sandwich Spit Pea Soup Baked Potato Chips Lettuce & Tomato Fresh Fruit Salad Milk and/or Juice	Roast Pork Rice Pilaf Garden Salad w/ 1000 isle Dressing Wheat Roll Apricots Milk and/or Juice	BBQ Beef Rice or M Potato Pasta Salad Bread w/ Marg Island Fruit Salad Milk and/or Juice
DINNER						
Chinese Roasted Chicken Rice or M Potato Zucchini Wheat Roll Brownie Milk and/or Juice	Pork Chow Funn Broccoli Taro Roll Pears w/Cherry Milk and/or Juice	Hamburger Stew Rice or M Potato Garden Salad w/French Drsg Corn Muffin Grandma's Cake Milk and/or Juice	Chicken Ala King Rice or M Potato Caesar Salad Bread w/ Margarine Apple Pie Milk and/or Juice	Pork n Peas Rice or M Potato Beets w/Mayonnaise Sweet Bread Roll Assorted Dessert Milk and/or Juice	Smothered Chicken Brown Rice Soy Bean w/ Mixed Vegetables Roll w/ Margarine Banana Cake Milk and/or Juice	Pork Chop Suey Rice or M Potato Mixed Vegetables Sweet Bread Roll May Day Salad Milk and/or Juice

This Week Menu Specials:

Soup: Creamy Broccoli | Sandwich: Tuna Fish on Wheat | Veggie: 2 Veggie Egg Roll | Gourmet: Turkey Bacon Cobb Salad