

# Menu for the Week of September 17, 2023

Week 2



**Hale Makua**

LONG-TERM CARE  
KAHULUI • WAILUKU

SUNDAY September 17	MONDAY September 18	TUESDAY September 19	WEDNESDAY September 20	THURSDAY September 21	FRIDAY September 22	SATURDAY September 23
<b>BREAKFAST</b>						
Juice Papaya w/ Lemon Assorted Dry Cereal <b>Egg of the Day</b> <b>Assorted Breakfast Bread</b> Milk / Coffee / Tea	Juice Mandarin Oranges Oatmeal <b>Egg of the Day</b> <b>Corned Beef Hash</b> Milk / Coffee / Tea	Juice Banana Assorted Dry Cereal <b>Egg of the Day</b> <b>French Toast</b> Milk / Coffee / Tea	Juice Papaya w/ Lemon Cream of Wheat <b>Egg of the Day</b> <b>Hash Brown Scramble</b> Milk / Coffee / Tea	Juice Tropical Fruit Salad Assorted Dry Cereal <b>Egg of the Day</b> <b>Croissant</b> Milk / Coffee / Tea	Juice Papaya w/ Lemon Oatmeal <b>Egg of the Day</b> <b>Bacon</b> Milk / Coffee / Tea	Juice Banana Assorted Dry Cereal <b>Egg of the Day</b> <b>Old Fashion Pancake</b> Milk / Coffee / Tea.
<b>LUNCH</b>						
<b>Smothered Pork Chops</b> Rice or M Potato Sliced Cucumber w/Ranch Dressing Roll w/ Margarine Island Fruit Salad Milk and/or Juice	<b>Tuna Sandwich Clam Chowder</b> Garden Salad w/Italian Drsg Potato Chips Peaches Milk and/or Juice	<b>Guava Chicken</b> Rice or M Potato Caesar Salad Roll w/Margarine Blushing Pears Milk and/or Juice	<b>Pansit</b> Garden Salad w/ Ranch Dressing Pandesal Roll Marble Brownie Milk and/or Juice	<b>Chicken Salad Sandwich</b> Tomato Soup Beets w/ Mayonnaise Potato Chips Oatmeal Raisin Cookie Milk and/or Juice	<b>Kalua Pork &amp; Cabbage</b> Rice or M Potato Pasta Salad Roll w/ Margarine Haupia Milk and/or Juice	<b>Fried Hot Dog w/Onions</b> Rice or M Potato Corn Snowflake Roll Cinnamon Applesauce Milk and/or Juice
<b>DINNER</b>						
<b>Beef Hekka</b> Rice or M Potato Carrots, Beans & Squash Snowflake Roll Lemon Pineapple Jello Milk and/or Juice	<b>Pork Adobo</b> Rice or M Potato Succotash Snowflake Roll w/ Margarine Assorted Dessert Milk and/or Juice	<b>Swedish Meatballs</b> Rice or M Potato Broccoli & Cauliflower Roll w/ Margarine Strawberry Bavarian Jello Milk and/or Juice	<b>Arroz Caldo</b> Mixed Vegetables Roll w Margarine Grapes Milk and/or Juice	<b>Oxtail Stew</b> Brown Rice Peas & Cauliflower Roll w/Margarine Fruit Cocktail Milk and/or Juice	<b>Oyako Donburi</b> (Chicken & Egg in a Broth) Rice or M Potato Haricot Bean Blend Sweetbread Roll Apricot Halves Milk and/or Juice	<b>Turkey Tofu Stir Fry</b> Rice or M Potato Soy Beans w/ Mix Veg Sweet Bread Roll Strawberry Cheesecake Squares Milk and/or Juice

## This Week Menu Specials:

Soup: Split Pea Soup | Sandwich: Turkey & Cheese Sandwich | Veggie: 3 Cheese Lasagna | Gourmet: Chef Salad