

Menu for the Week of October 1, 2023

Week 4



SUNDAY October 1	MONDAY October 2	TUESDAY October 3	WEDNESDAY October 4	THURSDAY October 5	FRIDAY October 6	SATURDAY October 7
BREAKFAST						
Juice Fruit Cocktail Assorted Dry Cereal Egg of the Day Milk / Coffee / Tea	Juice Papaya w/ Lemon Oatmeal Egg of the Day Bacon Milk / Coffee / Tea	Juice Banana Assorted Dry Cereal Egg of the Day Hash Brown Scrambled Milk / Coffee / Tea	Juice Papaya w/ Lemon Cream of Wheat Egg of the Day Old Fashion Pancake Milk / Coffee / Tea	Juice Tropical Fruit Salad Assorted Dry Cereal Egg of the Day Portuguese Sausage Milk / Coffee / Tea	Juice Papaya w/ Lemon Oatmeal Egg of the Day Assorted Breakfast Bread Milk / Coffee / Tea	Juice Banana Assorted Dry Cereal Egg of the Day French Toast Milk / Coffee / Tea
LUNCH						
Roast Pork w/Gravy Rice or M Potato 3 Bean Salad Roll w/ Margarine Creamsicle Cake Milk and/or Juice	Chili Con Carne Rice or M Potato Coleslaw Corn Muffin Assorted Dessert Milk and/or Juice	Turkey Tofu Loaf Rice or M Potato Broccoli Roll w/ Margarine Peach & Pear Medley Milk and/or Juice	Hot Dog on Bun Garden Salad w/ 1000 Isle Dressing Potato Chips Tropical Fruit Salad Milk and/or Juice	Pork Long Rice Rice or M Potato Namasu Biscuit Island Fruit Salad Milk and/or Juice	Grilled Cheese Sandwich Minestrone Soup Crunchy Corn Salad Potato Chips Honey Dew Melon Milk and/or Juice	Hamburger Steak Rice or M Potato Beets w/Mayo Roll w/Margarine Apricot Halves Milk and/or Juice
DINNER						
Tuxedo Chicken Rice or M Potato Zucchini Roll w/Margarine Peaches Milk and/or Juice	Pork Tofu Brown Rice Mixed Vegetables Roll w/ Margarine Grapes Milk and/or Juice	Tuna Noodle Casserole Carrots, Beans & Squash Sweet Bread Roll Choc. Chip Cookie Milk and/or Juice	Chicken Curry Stew Rice or M Potato Haricot Bean Blend Snowflake Roll Orange Jello Surprise Milk and/or Juice	Beef Luau Rice or M Potato Cauliflower Pandesal Roll Mandarin Oranges Milk and/or Juice	Chicken Ala King Rice or M Potato Soybean & Mixed Veg Sweet Bread Roll Banana Pudding Squares Milk and/or Juice	Saucy Stir Fry Pork Rice or M Potato Broccoli, Cauliflower & Carrots Roll w/ Margarine Brownie Milk and/or Juice

This Week Menu Specials:

Soup: Clam Chowder | Sandwich: Ham & Cheese on Wheat | Veggie: Vegetarian Chili | Gourmet: Chicken Caesar Salad